

# SEYMOUR JOHNSON AFB SPONSOR PACKET

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Contact your sponsor for assistance  
Airman and Family Assistance Center (919) 722-1123 or DSN 722-1123





DEPARTMENT OF THE AIR FORCE  
4TH FIGHTER WING (ACC)  
SEYMOUR JOHNSON AIR FORCE BASE NC

MEMORANDUM FOR INCOMING 4 FW PERSONNEL

FROM: 4 FW/CC

1510 Wright Brothers Ave, Suite 100  
Seymour Johnson AFB, NC 27531-2468

SUBJECT: Welcome Letter

1. Welcome to Seymour Johnson Air Force Base, North Carolina, home of the 4th Fighter Wing and the 916th Refueling Wing. We are pleased you are joining our team! Whether you are active, reserve, guard, civilian or a family member, you are our most important resource. With that in mind, we place strong emphasis on programs to help you transition to your new duties at the unit and your new life within our local community.

\* As you begin your transition, I expect your sponsor to be personally involved in getting you and your family settled quickly and smoothly! Meanwhile, to get started, go to the base website [www.seymourjohnson.af.mil](http://www.seymourjohnson.af.mil) and click the "welcome" button on the top left corner. Most of the information you need, including your sponsor packet, is available there at anytime.

2. Tracing its roots back to the Royal Air Force Eagle Squadrons in World War II, the 4th Fighter became a record setter throughout the air war over Europe, justly earning the motto "Fourth But First." Today, the 4th Fighter Wing remains a key warfighter asset in our nation's Expeditionary Aerospace Force. Every member plays a vital role in our worldwide deployment and combat capabilities, as well as our F-15E combat crew training mission. You're now a part of this legacy...and the fresh perspectives you bring to the fight will make a significant impact on our mission accomplishment!

3. While you are assigned here, I highly encourage you to connect with your squadron's Key Spouses to help your spouse acclimate to base and local resources. Be sure to ask your sponsor how to get in touch with your key spouse. Additionally, Seymour has over 100 active clubs led by airmen like you—I guarantee you will find something for you and/or your family to plug into and have some fun!

4. Remember, every member of this Wing contributes to our mission, "Dominant Strike Eagle Airpower...Anytime, Anyplace." Once again, welcome to the "Fourth but First."



CHRISTOPHER S. SAGE, Colonel, USAF  
Commander



# ARRIVING to SJAFB



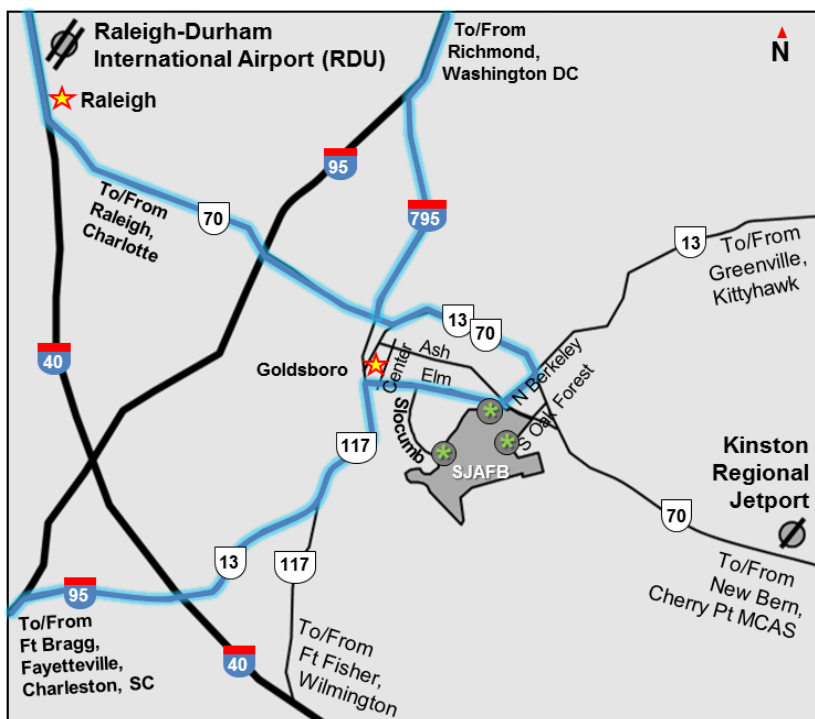
**Flying:** Raleigh-Durham International Airport (RDU) is located about 70 miles west of the base. Ground transportation from RDU is available but expensive. The nearest airport is Kinston Regional Jetport, which is 28 miles east of SJAFB, however, options there are limited.



**Driving:** from Raleigh and the west, take Interstate 40 E, 440 E and 13 N/70 E to Goldsboro and N Berkeley Blvd, which will lead you directly to Berkeley Gate, the 24H gate. From Ft Bragg and the south, take 13 E to 117 to Goldsboro, then Elm St to Berkeley Blvd. From Virginia and the north, take 95 S, 795 S and 13 N/70 E to N Berkeley Blvd. Travel time from RDU to SJAFB is 1.5 hours.



Your GPS navigation may lead you to Slocumb gate, which is open weekdays from 6-6. If you arrive during off hours, use "**Seymour Johnson Berkeley Gate**" or any point on "**N Berkeley Blvd.**" Proceed southwest to arrive at the 24H main gate. RVs can call the SF info desk at **919-722-1212** for more info.



## SJAFB GATES

**Berkeley** is the main gate. Just before the gate, the visitor control center is on the right. Both facilities are open 24/7. RVs are welcome anytime at Berkeley gate.

**Slocumb** accepts all traffic including commercial trucks and RVs. This gate is open Monday to Friday from 6-6. After hours, use the Berkeley Gate. If in an RV arriving after hours, call the SF Info desk at **919-722-1212** for assistance.

**Oak Forest** gate is open Monday to Friday from 6-6.

### 100% ID CHECK

Make sure all family members have appropriate ID. Call the Visitors Center for assistance at **919-722-1343**

## PUBLIC TRANSPORTATION OPTIONS FROM RDU

Carpool Express **919-396-1333**

City Cab Company **919-735-2202**

Greyhound Bus Line **919-734-3811**

Webb Town Taxi **919-734-9444**

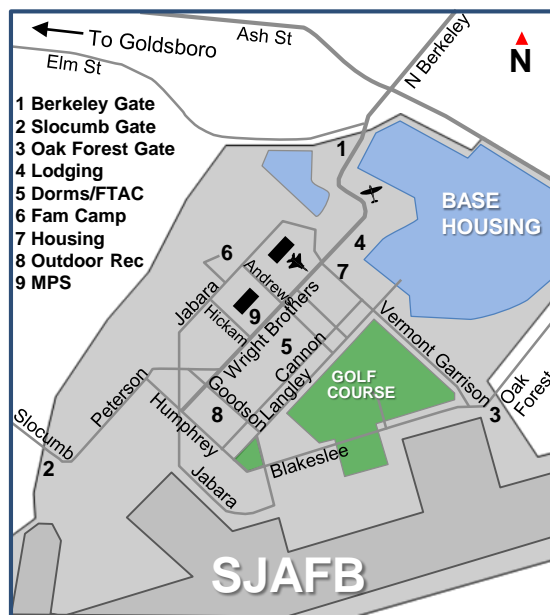
Uber and Lyft are also available. Consider your options carefully, they can be expensive.

**Reporting to SJAFB:** Your sponsor should assist you and your family getting settled in. In the unlikely event that no one meets you upon arrival, call the Command Post at **919-722-0004** or DSN **722-0004** and ask to be connected to your unit's first sergeant.

Report to your unit admin section during their normal duty hours to start in-processing. During your first duty day, in-process at MPS at 1300 in building 3010 (Finance & ID card building); 1600 Wright Brothers Avenue. Bring your sealed packet from your last base. To file your travel voucher, bring copies of your orders and receipts. For more information, contact MPS at **919-722-8686** or DSN **722-8686**.

**Temporary Lodging Reservations:** The Southern Pines Inn has 161 rooms and is located at 1235 Wright Brothers Avenue. Contact lodging well in advance by calling **919-722-0385** or DSN **722-0385**

**Fam Camp:** The facility features 16 concrete parking pads, a gravel overflow area, dumpstation, bathhouse, laundry, picnic tables, grills, handicapped accessibility and area lighting. Search "**Seymour Johnson Fam Camp**" in Google/Apple maps or use the following coordinates. **35°21'37.4"N 77°58'01.6"W**. The office (outdoor rec) is open M-F 9-5 and located separately at 1515 Goodson Street. Call **919-722-1104/7437** for assistance.



Welcome to the  
**"FOURTH BUT FIRST!"**

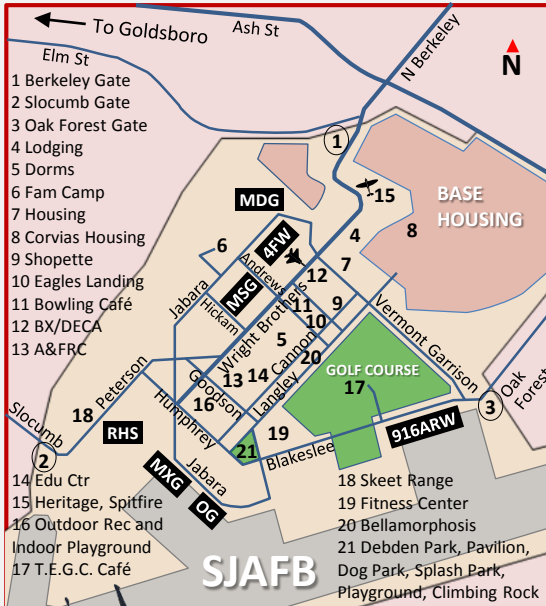
# Connect to SJAFB



**RESEARCHING SJAFB:** Start with our homepage, [www.seymourjohnson.af.mil](http://www.seymourjohnson.af.mil). You'll find most of the info you and your family need right here. Across the top are quick links to important areas including your sponsor packet, 100+ active clubs on base, spouse information, local area info, and information for retirees. Check back often...the site is constantly updated with the latest news about the Air Force, the base and the local area. Be sure to catch the latest "Strike Eagle News" every Friday!



**START  
HERE!**



**EXPLORING SJAFB:** Once you arrive, the map on the left will get you started. It has the basics for your arrival and some activities to explore as you get settled in.

**EXPLORING THE CAROLINAS:** From the outer banks to the Great Smokey Mountains, the Carolinas have something for everyone. Take a look at the map on the right for some ideas to start your adventure!

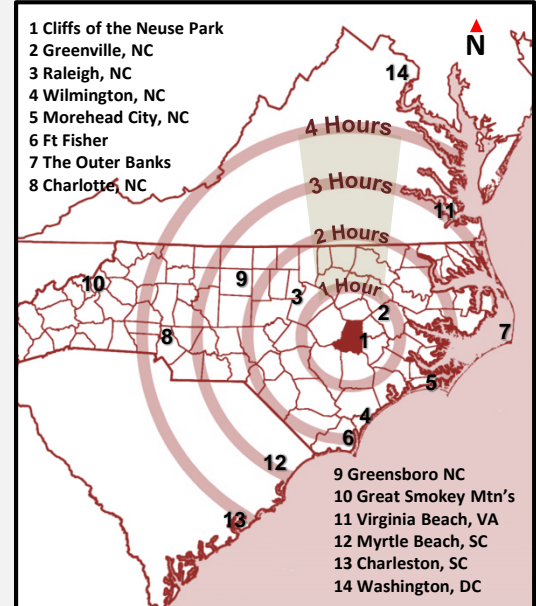
## SJAFB GATES

Call 919-722-1212 for Assistance

**1 Berkeley Gate** is the main gate with the visitor control center. It is open 24/7 to normal traffic and RVs.

**2 Slocumb Gate** is open to normal traffic, commercial trucks and RVs M-F from 6-6

**3 Oak Forest Gate** is open M-F from 6-6.



## LIKE ON FACE BOOK

Next, get plugged into the following Facebook feeds for up-to-the-minute status on special events, changes to events, school closings, storm info and much more. Be the first to know. **To get the feed, search Facebook using the keywords highlighted in BLUE, click to select the page from the results. Once you're on the page, click like just below the page's cover photo.**



Stay fit, active and healthy at Seymour Johnson's fitness center!

[Fitness & Sports Center- Seymour Johnson AFB](#)



Stay up to date with the 4<sup>th</sup> FSS. The central location for everything happening on the base.

[4<sup>th</sup> Force Support Squadron - Seymour Johnson](#)



Resources for families, fun, fitness and much more can be found here. Keep up with what's new!

[Seymour Johnson AFB Airman & Family Readiness Center](#)



Take a look at the job opportunities SJ and the community has to offer spouses

[Job Opportunities - Seymour Johnson AFB](#)



A Facebook page dedicated to exceptional families on SJAFB.

[Exceptional Family Members Program - Seymour Johnson AFB](#)



A health club exclusively for women—on SJAFB!! Massage therapy is open to guys as well

[BellaMorphosis Women's Health Club - SJAFB](#)



Drinking and driving is not a safe bet. CALL 919-396-1333 for transportation home.

[Carpool Express of Goldsboro](#)



Everything from school closings to family events

[Military Child Education: School Liaison Officer - SJAFB](#)



Skiing, Kayaking, Art, ATV'ing, Gardening, and much more. Something for everyone here!

[Outdoor Recreation/Arts & Crafts Center -- SJAFB](#)



Keep up to date with the 4<sup>th</sup> FW Chaplain Corps

[Seymour Johnson AFB Chapel](#)



Our newly renovated bowling alley offers great food and a great atmosphere!

[Planet Bowl - Seymour Johnson AFB](#)



Catch sporting events like Football, Basketball, MMA. Also features bingo, trivia and much more!

[Eagles Landing - Seymour Johnson AFB](#)

# Connect to SJAFB

Bookmark these sites and come back to these websites often to stay up to date on SJ life and the local community



SITES TO  
BOOK MARK



Downtown  
Goldsboro  
[www.dgdc.org](http://www.dgdc.org)



Ft. Fisher AF Recreation Area  
<http://ftfishermilrec.com>



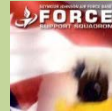
Goldsboro Travel & Tourism:  
[www.visitgoldsboronc.com](http://www.visitgoldsboronc.com)



Military OneSource:  
[www.militaryonesource.com](http://www.militaryonesource.com)



NC Travel & Tourism  
[www.visitnc.com](http://www.visitnc.com)



4th Force Support Squadron  
[www.sjfs.com](http://www.sjfs.com)



[www.wingmantoolkit.org](http://www.wingmantoolkit.org)



Info, links, floor plans, photos of our housing  
<http://airforce.corviasmilitaryliving.com/seymour-johnson>

APPS FOR  
YOUR PHONE



These Apps will help you get real-time alerts and info about the base and the local community. Just search the keywords below



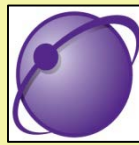
"4th Medical Group"

Book appointments via TRICARE, view clinic info, Access MiCare, See the strategic calendar and more!



"Wayne County Public Schools"

Keep up to date in info and events; get notifications on school closings.



"AtHoc Notifier"

Get alerts from the 4th FW that keep you informed and safe. Use the code "sjafb" when prompted.



"Uber"

From Raleigh to Goldsboro, If you've had too much, you can get easily get a ride at the push of a button.



"My Chamber App"

Lots of information and a calendar of events. Make sure you set the app for Wayne County.

Security Forces (Non Emergency) : 919-722-1211  
OSI : 919-722-1218  
Legal: 919-722-5322  
Chapel: 919-722-0315

Local Tricare Appt Line : 919 722-1988  
Pharmacy: 919-722-1814  
Education Office: 919-722-5800

#'S FOR YOUR  
SPEED DIAL



Directory assistance from off base  
919-722-1110  
DSN 722-1110

**911**  
For all emergencies

Direct Dial from on base  
919-722-XXXX  
DSN 722-XXXX

Airman & Family Readiness Center: 919-722-1123  
Base Exchange: 919-735-9801  
Commissary: 919-722-0319  
Finance: 919-722-5373  
TMO: 919-722-4032

EFMP Special Needs Coordinator: 919-722-0809  
Billeting: 919-722-0385  
Housing: 919-722-0364  
MPF: 919-722-4027  
FTAC: 919-722-5862



Carpool Express 919-396-1333



919-722-AADD (919-722-2233)

Links outside the USAF are for the convenience of the user. Such use does not constitute an official endorsement or approval by the USAF.



## SPONSOR CHECKLIST

### PRIOR TO CONTACTING YOUR NEWCOMER

- ☐ Read this entire handout. Ask your supervisor, 1Sgt or Commander if you have questions!
- ☐ Get a copy of your Commander's welcome letter and needs assessment from the 1Sgt or CSS.
- ☐ Familiarize yourself with the sponsor kit from the SJAFB website. Go to [www.seymourjohnson.af.mil](http://www.seymourjohnson.af.mil). From there, click the "welcome" button at the top left, then click "step 1" for the .pdf file. The kit includes a base fact sheet, this checklist, Military INSTALLATION Guide, maps and welcome letter from the Installation Commander.
- ☐ For more information, you can also complete eSAT training online. Training is available with Military One Source at <http://apps.militaryonesource.mil/ESAT>.

### CONTACTING YOUR NEWCOMER

The first impression a newcomer and their family gets of a base comes from his or her sponsor--so make the newcomer feels like a member of team Seymour from day one!

When you contact your newcomer, it's not good enough to just say "let me know what you need." Tell him/her you're there to provide information and assistance and to make the move smooth as possible. Be open and honest and stay positive. Lastly, make sure you listen. Talking to someone "already there" can help relieve a lot of stress.

- ☐ Contact the newcomer as soon as you are ready but no later than 6 months prior to their arrival.
- ☐ Go over the needs assessment with the newcomer. Fill it out as completely as possible.
- ☐ Obtain spouse contact information and pass to relevant squadron leadership including key mentors and key spouses.
- ☐ Explain how to access the SJAFB sponsor kit online from the SJAFB website. You can also download the .pdf file, attach it to an email and send it. [www.seymourjohnson.af.mil](http://www.seymourjohnson.af.mil).
- ☐ Include the personalized letter from your commander. Include your home and duty phone numbers and email address. If applicable, include contact information for your squadron's Key Spouse.
- ☐ Visit the base housing office and get information. If the newcomer is interested in residing on-base, remind them to apply with the housing office ASAP. **Housing: 722-0362 Corvias: 919-988-6920**
- ☐ If needed, make temporary lodging arrangements. **Lodging: 722-0385 Famcamp: 722-1104**
- ☐ Prior to arrival, remind newcomers to let you know of any changes to their plans. Reconfirm the departure date, arrival date, and reporting-in date and ensure member is aware of the 24 hour arrival point. Upon arrival, personally meet the newcomer and make the family feel welcomed.

### YOUR NEWCOMER'S ARRIVAL

- ☐ Personally meet your newcomer upon arrival to the base. If duty prevents this, arrange to have them met by a coworker. If you meet them at the airport, make sure you bring transportation that will accommodate the entire family as well as pets. **SJAFB Visitors Center: 722-1343**
- ☐ Personally take the newcomer to lodging. And accompany them through in-processing at Bldg 3010 and check-in procedures at your unit. **MPS: 722-8686**
- ☐ Introduce the newcomer to his/her commander, supervisor, key personnel and fellow co-workers.

### COMPLETING YOUR SPONSORSHIP DUTIES

- ☐ Take some time and show the newcomer around the base facilities such as commissary, fitness centers and chapel.
- ☐ Escort the newcomer to the Airman and Family Readiness Center and show them how to sign up for the Relocation Program. **A&FRC: 722-1123**
- ☐ For the next 30-60 days, keep tabs on the newcomer and their family. Make sure they attend the Newcomers Orientation and be available for questions as they get settled in.

## LINKS TO SEYMOUR JOHNSON AFB RESOURCES AND THE LOCAL COMMUNITY

**Seymour Johnson AFB Main Page** » Start getting to know Seymour Johnson AFB.

<http://www.seymourjohnson.af.mil/>

**Seymour Johnson “My Base Guide”** » Base guide and telephone directory

[http://www.mybaseguide.com/air\\_force/140/seymour\\_johnson\\_afb](http://www.mybaseguide.com/air_force/140/seymour_johnson_afb)

**Military Installations Guide for Seymour John AFB** » Official DoD source for installation resources

[http://www.militaryinstallations.dod.mil/MOS/f?p=132:CONTENT:0::NO::P4\\_INST\\_ID,P4\\_INST\\_TYPE:3835,INSTALLATION](http://www.militaryinstallations.dod.mil/MOS/f?p=132:CONTENT:0::NO::P4_INST_ID,P4_INST_TYPE:3835,INSTALLATION)

**Plan My Move** » Planning tools and checklists to help you “Take charge of your PCS move”

<https://apps.militaryonesource.mil/MOS/f?p=PMM:ENTRY:0>

**MilitaryOneSource** » Info about benefits, deployments, reintegration, moves, parenthood, retirement and more

<http://www.militaryonesource.mil/>

**Armed Forces Crossroads** » Information and support for the military community

<http://www.afcrossroads.com/index.cfm>

**Privatized Housing on Base** » Information, links, floor plans, photos about our beautiful base community

<http://airforce.corviasmilitaryliving.com/seymour-johnson>

**Air Force Housing** » The Housing Management Office assists you with both on and off base housing

<http://www.housing.af.mil/seymourjohnson/>

**Housing & Urban Development site for rentals** » Learn more about renting and HUD rental assistance programs

[www.hud.gov/renting](http://www.hud.gov/renting)

**Move.com** » Search apartments and homes for rent in the United States

<http://www.move.com/>

**North Carolina DMV** » Drivers licenses, address changes and more

<http://www.dmv.org/nc-north-carolina/>

**Relocating with Pets** » Recourses for families with pets

<http://www.pettravel.com/> <http://petfriendlytravel.com/> <http://takeyourpet.com/>

**School Liaison Officer Information** » Your advocate for the educational needs of your children

<http://www.seymourjohnson.af.mil/library/factsheets/factsheet.asp?id=4321>

**Wayne County Public Schools** » Information about the local public schools

<http://www.waynecountyschools.org/>

**NC Kindergarten Requirements** » Information from the NC State Board of Education

<http://stateboard.ncpublicschools.gov/legal-affairs/resources-1/school-entry-age>

**NC Prekindergarten Program** » Pre-k classroom information for eligible four-year-old children

[http://ncchildcare.dhhs.state.nc.us/general/mb\\_ncprek.asp](http://ncchildcare.dhhs.state.nc.us/general/mb_ncprek.asp)

**NC Private Schools** » Information about private schools in the area

<http://www.privateschoolreview.com/north-carolina>

**NC Division of Non-Public Schools** » Information on home-schooling and private schools in North Carolina

<http://www.ncdnpe.org/>

**Military Youth on the Move** » Check out the videos, articles and more geared to military kids and teens  
<http://www.militaryonesource.mil/family-and-relationships/military-youth-on-the-move>

**Wingman Toolkit** » Resilience tools to maintain a balanced lifestyle  
<http://www.wingmantoolkit.org/>

**Key Spouse** » Information about the Key Spouse Program  
<http://www.wingmantoolkit.org/key-spouse/>

**Air Force 101 Back-To-Basics Spouse Support Guide** » A support page for spouses packed with info  
<https://www.usafservices.com/Home/SpouseSupport.aspx>

**Spouse Employment Facebook** » A Seymour Johnson Community Facebook page for spouses seeking jobs  
<https://www.facebook.com/sjjobs>

**NCWorks** » One-stop online resource for job seekers and employers in North Carolina.  
<https://www.ncworks.gov/vosnet/Default.aspx>

**Operation We Are Here** » Resources and encouragement for military families  
[www.operationwearehere.com/index.html](http://www.operationwearehere.com/index.html)

**EFMP INFO** » Visit Seymour Johnson AFB's EFMP Facebook page  
<https://www.facebook.com/sjefmp>

**Visit North Carolina** » Find things to do all over the state, request a free North Carolina visitor guide  
<http://www.visitnc.com/>

**Wayne County** » Lots of information about the community surrounding Seymour Johnson AFB  
<http://www.waynegov.com/>

**Goldsboro** » Great website with lots of information about Goldsboro.  
<http://www.goldsboronc.gov/>

**Outer Banks** » The beautiful coast of North Carolina, request a free outer banks visitor guide  
[www.outerbanks.org](http://www.outerbanks.org)

**Fort Fisher Air Force Recreation Area** » Reserve your new cottage right next to the beach!  
<http://ftfishermilrec.com/>

**Raleigh** » Official tourism site of Raleigh, North Carolina  
[www.visitraleigh.com](http://www.visitraleigh.com)



# MilitaryInstallations Booklet for Seymour Johnson AFB

## Fast Facts

**Location:** Seymour Johnson AFB is located in the southeast section of Goldsboro, North Carolina in the middle of Wayne County. Located midway between Raleigh and the coast, Seymour Johnson Air Force Base is home to the 4th Fighter Wing (ACC) and 916th Air Refueling Wing. The base occupies 3,300 acres. It is surrounded mainly by smaller farming communities producing cotton, tobacco, wheat, corn, chickens and pigs, which could be one of the reasons that Goldsboro and the entire state is known for its world famous North Carolina BBQ. Seymour Johnson AFB [homepage](#).

**BRAC Status:** Gain of 362 personnel.

**Cost of Living:** Goldsboro is a medium sized town with a moderate cost of living. Compared to the rest of the country, Goldsboro's cost of living is 22.16% lower than the U.S. average.

**Base Operator:** 919-722-1110 or DSN 312-722-1110

### Population:

4,600 active duty  
6,000 family members  
1,000 civilians  
882 reservists

**Area Population:** Goldsboro: 37,639

**Child Development Centers:** Seymour Johnson AFB Child Development Center has a capacity for 186 children, 6 weeks to 5 years of age. Programs include Full Time Hourly Care Drop-in Care. Call 919-722-1198/1199.

### Base Chapel

The Base Chapel at Seymour Johnson AFB offers an array of worship opportunities to the military community. In addition to religious services and spiritual growth studies, there is a wide variety of weekly programs and activities for men, women and youth of all ages. Our chaplains provide 100% confidential counseling to Department of Defense members and their families. For more details about Protestant, Catholic or other faith group services, please contact the Chapel at 722-0315 during our normal duty hours of 0730-1630 Monday through Friday. For emergencies during non-duty hours, you may contact the duty chaplain via the Base Command Post at 722-1973. Please see the Chapel's Facebook page at "Seymour Johnson AFB Chapel" for information on upcoming activities and programs.

**Family Child Care Program** is available for youth 2 weeks to 12 years of age. FCC homes are available both on and off-base. Call 919-722-7194.

**Schools:** None on base. The Wayne County Public School system serves children living on and off base and consists of 14 elementary schools, 10 middle schools, 8 high schools, one alternative school and one developmental school for children with moderate to severe special needs. Two of the high schools, Wayne School of Engineering (grades 6-12) located on the campus of Goldsboro High School and Wayne Early Middle College High School located on the campus of Wayne Community College are considered non-traditional high schools. Students are accepted into these non-traditional high schools by application approval only. Students living in base housing may attend Meadow Lane Elementary School (PK-4), Greenwood Middle School (5-8), Eastern Wayne High School (9-12) or a non-traditional high school if application is approved. There are also two charter schools and several private schools in the area and support groups for parents who home school. Please contact the base's School Liaison Officer to obtain information about the various school options in the area at phone number 919-722-0691 or at The Airman and Family Readiness Center, building 3602, 1200 Wright Brothers Avenue.

**Youth Programs:** [SJAFB Youth Center](#) offers programs and activities for youth ages 9-18. Programs and activities include indoor Gym, Arts and Crafts Room, Homework Room, Computer Training, Youth Sports, Outdoor Basketball Court, Before and After School Program for youth K-6<sup>th</sup> grade, Teen Lounge, a variety of BGCA and 4H clubs, D.J. Club, Life Skills Training, Lock-Ins, Trips, Dances and more! We also have W.I.N.K., a youth sponsorship program, for incoming and outgoing youth. Call the Youth Center at 919-722-0502.

**Airman and Family Readiness Center:** [Airman and Family Readiness Center](#), 919-722-1123. The *Airman and Family Readiness Center* (A&FRC) is Seymour Johnson's "one stop" shop for Airmen and families, providing specialized

services and support to the active duty, guard, reserves, retirees, their family members and DoD civilians. The A&FRC supports and maintains mission readiness by assisting individuals and families with adaptation to the challenges and demands of expeditionary operations and the military lifestyle.

**Housing:** New arrivals must check into the Housing Management Office (HMO), 1500 Vermont Garrison, during in-processing to the base. The HMO staff will provide all new arrivals with a briefing on housing opportunities on and off base and a list of the Installation Commander's off-limits establishments/rentals in the area. If on base housing is not preferred or unavailable, an off-base housing referral specialist will assist you with looking for housing within a 50-mile radius of the base. For additional information, you may visit the [HMO website](#) or call 919-722-0362/0363/0364. The housing website will provide you with pictures, floor plans, and other information about our wonderful Corvias Military Living housing community on base.

**Employment:** Employment in the local area is oriented toward service, retail, and manufacturing. The unemployment rate for Goldsboro is 8.5%. The median household income is \$35,384. For information about non-appropriated funds (NAF) job opportunities on base, visit the [Human Resources Office website](#). For information about appropriated fund (civil service) job opportunities, visit the [Federal Government's Official Job Site](#).

### Base Services:

**Force Support Squadron:** Recreation at Seymour Johnson Air Force Base - Goldsboro, NC includes arts and crafts, bowling, library, auto hobby, community center, recreation center, theater, golf, gym, tennis, swimming, outdoor activities, clubs, fitness center and camping.

**Commissaries:** 1 large commissary on base; 919-722-0321

**Exchange System:** 1 exchange, a mall and 1 shoppette; 919-735-8511

Financial Institution on base: [North Carolina Community Federal Credit Union](#); 919-583-9105

**Medical Services:** The 4 Medical Group (MDG), also known as the Thomas Koritz Clinic and Paul Kiecker Dental Clinic, serves a Prime Service Area population of more than 35,000 beneficiaries with over 10,000 enrolled. The group is a unit of the 4th Fighter Wing in Air Combat Command with 310 assigned military, civilian, and contractor personnel providing dental and outpatient primary and specialty care.

4th Medical Group, 1050 Jabara Avenue Goldsboro, NC 27531-2310

(919) 722-1813 (Command Section)

(919) 722-1802 (Medical Appointment Line)

(919) 722-1933 (Dental Appointment Line)

(800) 874-2273 Select Option 1 (24 hour Nurse Advice Line)

### Special Messages:

Southern Pines Inn has 161 temporary lodging rooms, 69 of which are designed to accommodate families. We highly encourage guests to make lodging arrangements well in advance, to ensure availability, by calling 919-722-0385 or DSN 312-722-0385.

Childcare is provided thru the "Childcare for PCS" program which includes 20 hours of free childcare and is available to all ranks. This "Child Care for PCS" opportunity expires 60 days after your arrival. For additional information, please contact the A&FRC staff at 919-722-1123/1124 or DSN 312-722-1123.

Club Information - If you have a hobby or special activity you like to do check out the "Club Information" Link on the homepage of Seymour Johnson AFB website. It has a complete list of special interest clubs from hunting, biking, extreme couponing plus a whole lot more. These clubs are located on the base or in the Goldsboro area.

*Latest and Greatest!* Goldsboro now has Uber Services available. Download the app for more for details.

**ATTENTION NEWCOMERS:** If you currently have a club card from the base you are now stationed at; please cancel it before you PCS to Seymour Johnson AFB. It is a very complex process to cancel once you arrive here. Seymour Johnson DOES NOT have a club system so you will not be able to use the Club Card you currently have; so please cancel it at your current installation to avoid continuing to pay the monthly fees. If you have questions, please contact the Airman & Family Readiness Center at 919-722-1123 or DSN 722-1123.

**ATTENTION FTAC ARRIVALS:** All Airmen arriving at their first duty station from technical training are required to attend the First Term Airman's Center. This 6 day course provides a structured program to aid in the transition from the training mindset to the mission-oriented environment. FTAC provides orientation type information and reinforces lessons learned in BMT and technical training.

Airmen are required to attend this course within their first 30 days on station. Members will be required to wear their full service dress uniforms at some point during this course. If you will be arriving and required to attend FTAC, please ensure that you do not ship your uniforms items via TMO.

Any questions can be directed to the FTAC Staff at 919-722-5862.

**FUN IN THE SUN:** Check out our newest addition to Seymour Johnson! Summer has arrived and so has our new SPLASH PAD! The SPLASH PAD is open and ready for our families to enjoy. It is open daily from 9:00 am to 9:00 pm.; so don

your swim suits and come out and enjoy our newest way to cool off during the "dog days" of summer! Please note that the SPLASH PAD is unsupervised.

**GOT KIDS AND LIKE TO WORK OUT?** The Base Fitness Center is the place for you!!! The Fitness Center now has an enhanced Parent Child Area (PCA) which allows parents and/or legal guardians access to cardio equipment and weight equipment that is located near the PCA. You can workout and still have the children close to you. There are two areas; an infant area and a toddler area. Parents must be in direct line of sight of their children at all times. For more information please contact the Fitness Center at 919-722-0408.

**WANT TO PLAY ALL YEAR?** Now you can at Seymour Johnson's newest addition! On 17 Dec 16, Seymour Johnson AFB opened the doors to our one-of-a-kind indoor play area, the Kiddie Hawk Playground! It is a giant playground with a fighter jet theme. It will be open from 1000 a.m. to 8:00 p.m. for children 12 and under. There will be a separate play area for toddlers under 2 years old as well as a snack/sitting area for parents. Also NOTE: that EFMP families have exclusive Sensory Friendly hours on Tuesday and Thursday from 0900 to 1000 am. Please check it out on the Seymour Johnson FSS web site at [sjfss@us.af.com](mailto:sjfss@us.af.com) or call the Outdoor Recreation Center at 919-722-1104 or DSN: 722-1104.

#### *Defense Service Network (DSN) Dialing Instructions*

The DSN is the provider of long-distance communications service for the Department of Defense (DoD). Every installation has a special DSN number and the numbers vary by world-wide location. In order to place a call using DSN, the caller must be using a military phone on an installation. Cell phones cannot dial DSN numbers. When dialing a DSN number from a United States installation to another United States installation, it is unnecessary to dial the DSN 312 area code. When dialing a DSN number to/from overseas locations, the DSN area code must be included. The operator can be reached at commercial (719) 567-1110. Please note that long distance charges may be incurred.

NOTE: BellaMorphosis, Women's Health Club, at Seymour Johnson has new hours effective 31 March. Starting Friday, 31 March, BellaMorphosis will be open Monday - Thursday from 8:00 am to 7:00 pm, Fridays from 8:00 am to 6:00 pm and Saturdays from 7:30 am to noon. If you need more information please call 919-722-0413.

NOTE: Effective June 1, Wingate Travel office is closed until further notice. Personnel requiring commercial airline, hotel and rental car reservations will now submit a travel request at <https://www.wingategts.com/> and click on "Travel Request" to request travel. Travelers do not need to have PCS, TDY or CED orders to initiate the travel request, but must have them to finalize the itinerary.

For questions, please e-mail Wingate Travel at [seymour@wingatetravel.com](mailto:seymour@wingatetravel.com), call 919-648-4131 or contact TMO at 722-5495.

## Overview

### Location

Seymour Johnson AFB is located in the southeast section of Goldsboro, North Carolina in the middle of Wayne County. The base occupies 3,300 acres. Goldsboro is a medium sized town with a moderate cost of living. It is surrounded mainly by smaller farming communities producing cotton, tobacco, wheat, corn, chickens and pigs. That could be one of the reasons that Goldsboro and the entire state is known for its world famous North Carolina BBQ. The local community is a huge supporter of our military members and their families.

All numbers listed are in the 919 area code, except as indicated. Phone numbers are as follows: DSN 312-722-XXXX; Operator Assistance DSN 312-722-1110.

### History

One of the Air Forces most distinguished fighter wings, the 4th Fighter Wing was born in the hearts of the Royal Air Force Eagle Squadrons volunteers who fought for England against the Nazis even before the United States entered World War II. In September 1942 the Eagle Squadrons became the 4th Fighter Group, which destroyed 1,016 German planes, more than any group in history. In the Korean War the 4th Fighter Interceptor Wing destroyed more enemy MiGs than the entire rest of the US Air Force combined. Since that time, through Vietnam, DESERT STORM and our wars of today, the 4th Fighter Wing has been the tip of the spear aimed at America's enemies. On June 2, 2011 the 4th Fighter Wing was awarded the first ever James "Jimmy" Doolittle Award for outstanding heritage by the Air Force Historical Foundation. Seymour Johnson Field, named after Goldsboro native and Naval Aviator hero Lt. Seymour Johnson, was activated in June 1942, and was deactivated in May 1946. Community leaders, led by Goldsboro Mayor Scott B. Berkeley, Sr., were successful in their campaign to reactivate the base in 1956. Seymour Johnson Air Force Base became active as a Tactical Air Command base, and has been an active Air Combat Command (ACC) base since the Air Force's reorganization in June 1992. The 4th Fighter Wing was redesignated 4th Tactical Fighter Wing in July 1958; 4th Wing in April 1991; and 4th Fighter Wing in December 1995. For additional history visit the installation's



[homepage.](#)

## **Mission**

The 4th Fighter Wing is the host unit at Seymour Johnson Air Force Base, and accomplishes its training and operational missions with F-15E Strike Eagles. Two of the wings' four fighter squadrons are operational units, capable of deploying world-wide on short notice and immediately generating combat power. The other two squadrons are responsible for training all F-15E aircrews for the Air Force. The 916th ARW, a tenant unit at Seymour, is an Air Force Reserve Command Wing under Air Mobility Command. It is assigned 10 KC-135R Stratotankers.

## **Population Served**

Seymour Johnson currently has over 530 active duty officers, and over 3,800 enlisted members and their families stationed here. The base also employs over 1,000 civilian employees plus numerous contractors. The city of Goldsboro has a population of over 37,639, while the county has a population of over 112,000 and continues to grow everyday.

## **Sponsorship**

If you are within 30 days of relocating to Seymour Johnson and have requested a sponsor but have not been contacted by him/her, or you've received a short-notice assignment, please contact your Unit INTRO Monitor or our servicing Military Personnel Section at 919-722-8686, immediately. All single first term airmen having difficulty contacting a sponsor should contact our Airman Dormitory Leaders (ADL) during normal duty hours (7:30 a.m. - 4:30 p.m. Tues, Thurs, and 9:00 a.m. - 4:30 p.m. Mon, Wed, Fri) at 919-722-7482/7483/7485/7487 so they can verify your arrival date and start planning for your dorm room assignment. If you arrive station without sponsorship after hours, weekend, or holiday, you may contact the CE Service Call Desk at 919-722-5139. The 24/7 service will contact a ADL to assist you with a Hospitality Room in the dormitory until your permanent room is ready for occupancy.

For those who want a temporary mailing address, General Delivery Address procedures are as follows: include Your Name, General Delivery, PSC Box 2000, Seymour Johnson AFB, NC 27531 (located on Wright Brothers Ave., Building 3621).

## **Temporary Quarters**

The Southern Pines Inn has 161 temporary lodging rooms, 69 of which are designed to accommodate families. The facilities consist of 1 and 2 bedroom units and offer designated handicap rooms. A limited number of pet friendly rooms are available (please see the "Pet Friendly Policies and Procedures" flyer in your sponsor package). We highly encourage guests to make lodging arrangements well in advance, to ensure availability, by calling 919-722-0385 (commercial) or DSN 722-0385 (312-722-0385 if calling from overseas). Lodging will place a guarantee hold on rooms secured with a credit card until 24:00 on the reserved date. Therefore, it's very important to update reservations if your travel plans should change.

If you are married and arrive after duty hours and you do or do not have temporary lodging reservations, report to the Southern Pines Lodging Office, 1235 Wright Brothers Avenue. Lodging will help arrange temporary lodging either on base, if available, or off base in a contract hotel.

If arrival is after duty hours and you are single, and your sponsor did not meet you, Lodging will make every effort to locate either your sponsor or first sergeant. If that fails, they will arrange temporary lodging in the hospitality room, or if unavailable, they will contact any available first sergeant who has available accommodations until the next duty day.

## **Relocation Assistance**

The Airman and Family Readiness Center (A&FRC) has various relocation assistance programs to make your relocation experience a stress-free one. Our staff offers individual counseling, a Loan Closet with household items to loan for free, and an Airman's Attic for E-6 and below. We also offer personal financial management and AF Aid Society Assistance. All newcomers will be scheduled to attend an Airmen & Family Orientation/Right Start and Information Fair which is held at the Heritage Hall. Spouses are encouraged to attend the "Spouses Get Connected" held during the Newcomer's Orientation. For more information contact the Airman & Family Readiness Center, 919-722-1123.

Childcare is provided thru the "Childcare for PCS" program which includes 20 hours of free childcare and is available to all ranks. This "Child Care for PCS" opportunity expires 60 days after your arrival. For additional information, please contact the A&FRC staff at 919-722-1123/1124 or DSN 312-722-1123.

## **Critical Installation Information**

North Carolina has very strict car seat safety laws. If you are arriving from an overseas base and have purchased a new vehicle there, please note the following: You must have a manufacturer's certificate of origin and the registration. Maximum car registration costs will be \$207 (including the license plate, tax, and title). From then on, license plates

will cost approximately \$20.00 per year. Military do not pay NC property tax.

### *Passports and Visas*

Ensure member and/or dependents have the required passports and/or visa prior to final out-processing. Member and/or dependents are not allowed to final out-process without the required passports/visas in hand for themselves (if applicable) and/or dependents. Members electing the accompanied tour will not be permitted to out-process without having the required passports/visas in hand for themselves (if applicable) and/or dependents.

Official military/no-fee passports will only be provided to personnel who are PCSing, going on official TDY or deployments. Documentation required: Customers will only be provided the amount of prints annotated on the AF Form 833, Multimedia Work Order

**NOTE:** Form must be signed by the passport manager prior to the studio appointment. Official passport photos are taken by appointment only. Please contact the Public Affairs office to schedule.

These actions are necessary to prevent unforeseen hardships to the military members and their families. Therefore, as a last reiteration, it is essential, members do not out-process without having the appropriate passports/visas for themselves (if applicable) and/or dependents.

## Sponsorship

### **Sponsorship Training**

Visit [My Training Hub](#) and log in with your Common Access Card, or CAC, to take the eSponsorship Application & Training. The course will walk you through your sponsorship duties and help you find the resources and information your newcomer is going to need. Families can be an important part of the sponsorship process. If your family members want to learn more about sponsorship or if they want to become a sponsor, they can access the Sponsorship Awareness for Families and complete sponsorship training through My Training Hub with an email address and password. The Sponsorship Awareness for Families course includes the same resources and information as the CAC-enabled version.

Moving is a way of life for service members and their families. Resources like [MilitaryINSTALLATIONS](#), [Plan My Move](#) and [Military OneSource](#) can help smooth that transition. The Sponsorship Program supports sponsors with training and access to important information and resources.

Sponsorship Program goals include the following:

- Providing newcomers with a sense of belonging
- Easing the transition for inbound service members or civilians and their family members
- Increasing productivity
- Helping newcomers make informed decisions
- Cultivating new friendships
- Improving morale

A sponsor is assigned by a newcomer's gaining unit and helps the newcomer before, during and after a move. If you haven't been assigned a sponsor, you can request a sponsor through your new unit or through MilitaryInstallations. Units try to match sponsors and service members by rank and family status.

Sponsorship duties include the following:

- Contacting the service member and family with an introductory email
- Following up with the member's preferred method of contact
- Sending information about the new community and duty assignment, responding to questions and providing resource information
- Confirming transportation and lodging arrangements
- Assisting with post office arrangements
- Meeting service members and family members upon arrival
- Accompanying service members to unit check-in point
- Introducing service members to the Military and Family Support Center and loan closet, if available
- Orienting service members and families to the installation and key locations, such as the commissary

Note: Responsibilities may vary based on service-specific policies and guidance.

For more information on the Sponsorship Program, contact your installation Relocation Assistance Program office or, in the Marine Corps, the Information and Referral office.

### **Youth Sponsorship Program**

Many installations give kids the chance to get to meet a new friend and become acquainted with their new installation through the installation's youth program. Where available, they can exchange emails, talk on the phone or chat online. For more information, visit [MilitaryINSTALLATIONS](#) and click on Youth Services and your new installation. The youth program staff at your new installation can offer more information on the Youth Sponsorship Program. Families with children may also want to visit [Military Kids Connect](#), an online community for military children and youth. The site offers games, videos and links to teen-led installation tours.

## Directions to Installation

### Airports

For those arriving by air, the nearest airport is Kinston, North Carolina, which is 28 miles east of Seymour Johnson Air Force Base. The Raleigh-Durham International Airport (RDU) is located about 70 miles west of the base. Commercial transportation from both terminals is available at a cost: approximately \$120.00 for a taxi or limousine service.

#### *USO Facilities at Raleigh-Durham International Airport*

The Raleigh-Durham International Airport also has a USO facility for armed forced personnel and their families. Located at the northern end of Terminal 2, the USO provides a safe, inviting atmosphere where one can enjoy a free snack, relax while watching TV, surf the internet, or just pass the time playing cards while waiting for ground transportation to Seymour Johnson AFB. Limousine Service Limousine service that provides transportation from Raleigh Durham International Airport to Seymour Johnson AFB is Starlight Limousines, Inc. They can be reached at 252-566-3100. Because of the high cost of ground transportation, it is highly recommended that you coordinate with your sponsor and arrange for them to meet you at the airport and transport you to SJAFB.

#### *Driving from Raleigh/Durham Airport*

If you are driving from the Raleigh/Durham airport, take Interstate 40 East for approximately 10 miles. Stay in the left lane and exit onto Interstate 440 East, Goldsboro. Then exit onto Highway 70 East to Goldsboro. Once into Goldsboro, take the exit to Seymour Johnson AFB (still on Hwy 70 East), then exit at the Seymour Johnson/Snow Hill exit. This will take onto Berkeley Boulevard, which will lead you directly into the Main Gate of the base. The Welcome Center is on the right, just outside the gate.

#### *Driving from Kinston Jetport*

If you are driving from the Kinston Jetport, exit on to Highway 70 West to the Goldsboro exit. This will take you onto Berkeley Boulevard, which will lead you directly into the Main Gate of the Base. Again, the Welcome Center is on the right, just outside the gate.

### Bus Service

Trailways and Greyhound bus lines also offer service to Goldsboro. If you have not notified your sponsor to meet you or cannot reach him/her, the following taxicabs will, but the cost is expensive:

#### Taxi Services

Company	Phone Number
Carpool Express	919-396-1333
City Cab Company	919-735-2202
GreyHound Bus Line	919-734-3811
Webb Town Taxi	919-734-9444

Note: It is recommended that you download driving directions via the web prior to arrival; this will lessen the chances of getting lost. Travel time from airport to SJ AFB is 1.5 hours by car.

## Check-in Procedures

### Reporting Procedures

Newly assigned members arriving during normal duty hours are required to report to their unit admin section first to receive their unit's in-processing checklist and Duty Information Worksheet. Newcomers must also attend the Military Personnel in-processing on the first day they arrive. The in-processing is held at 1:30 p.m. every Monday, Tuesday and Thursday in building 3010 and will last approximately 1 hour. You must bring your sealed packet from your last



base, BAS Form (AF Form 220), and Duty Information Worksheet to this appointment. Your unit admin section should be able to assist you with obtaining these forms.

### **Important Documents/Hand Carry**

Be as prepared as you possibly can by making sure you have all your important papers with you (orders, ID cards, passports, power of attorney, resumes, transcripts, traveler's checks, etc) - Do not pack them in your household goods.

### **First Term Airmen**

All Airmen E-1 thru E-4 with < 3 years of service MUST report to the Airman Dormitory Leaders' Office upon arrival on station. All first duty station Airmen will be scheduled to attend the First Term Airmen Center (FTAC) within 30 days of arrival on station. Airmen are scheduled for FTAC by Military Personnel Element (MPE) Customer Support after signing into the base and attending inprocessing. Uniform for Day 1 is ABUs, Day 2 is Full Service Dress. All Airmen scheduled for FTAC must have computer access prior to arrival. Airmen do not have to wait until attending FTAC to file travel vouchers. They will receive the finance briefing during Base Inprocessing. Bring copies of orders and any receipts.

### **Temporary Lodging Reservations**

The Southern Pines Inn has 161 temporary lodging rooms, 69 of which are designed to accommodate families. The facilities consist of 1 and 2 bedroom units and offer designated handicap rooms. A limited number of pet friendly rooms are available (please see the "Pet Friendly Policies and Procedures" flyer in your sponsor package). We highly encourage guests to make lodging arrangements well in advance, to ensure availability, by calling 919-722-0385 (commercial) or DSN 722-0385 (312-722-0385 if calling from overseas). Lodging will place a guarantee hold on rooms secured with a credit card until 24:00 on the reserved date. Therefore, it's very important to update reservations if your travel plans should change. If you are married and arrive after duty hours and you do or do not have temporary lodging reservations, report to the Southern Pines Lodging Office, 1235 Wright Brothers Avenue. Lodging will help arrange temporary lodging either on base, if available, or off base in a contract hotel. If arrival is after duty hours and you are single E-1 thru E-4 <3 yrs service, and your sponsor did not meet you, Lodging will make every effort to locate your sponsor or first sergeant. If that fails, they will contact the CE Service Desk, (919) 711-5139 so a Airman Dormitory Leader (ADL) can be contacted. The ADL will take you to a dormitory hospitality room until your permanent dorm room is ready for assignment (usually the next duty day). Become a [ADL facebook friend](#) and learn about the latest information concerning the dormitory campus.

### **What to do if you get married enroute?**

If you get married before you PCS, you must inform your commander and follow the procedures exactly as you are given them. The military will not pay for travel and housing of your spouse if you do not follow proper procedures.

## **Motor Vehicles**

### **Registration and licensing requirements**

State laws vary when it comes to motor vehicle insurance requirements, licensing and registration. The term vehicle generally includes automobiles, motorcycles, vans, trailers and boats regularly parked or garaged overnight. Service members and their families will want to understand their state's laws on registration and licensing before moving to a new state. Visit the [USA.gov Motor Vehicle Services page](#) for links to state-specific websites.

### **Motor vehicle laws**

State and local laws regulate the operation of motor vehicles, and these laws can vary by location. Many states regulate the following:

Seatbelt use

Child safety seats

Motorcycle operation

The use of cellphones and other digital devices while driving

Learn more about motor vehicle laws in your state at the [Distraction.gov State Laws](#) page.

### **Installation Specific Information**

#### **Registration & Licensing Requirements**

North Carolina State law requires you to have sufficient liability insurance and a valid driver's license in order to operate a vehicle. The term "vehicle" generally includes automobiles, motorcycles, vans, trailers and boats regularly parked or garaged overnight. Further, your vehicle must be properly registered. Even though you are in the Military,

you may be required to register your vehicle in-state and obtain an in-state license within a few months of moving. Access complete information on insurance, driver's licensing, and where and how to register your vehicle by visiting the [State Department of Motor Vehicles](#) website.

### **State Laws**

You and your passengers must always wear seatbelts while driving, you will be ticketed and issued heavy fines if seatbelts are not secured. State law requires that all children under 8 years of age and 80 pounds be properly restrained in child seats. If the vehicle has a rear seat, a child less than five years of age and less than 40 pounds in weight shall be properly secured in a rear seat, unless the child restraint system is designed for use with air bags. Some states also require younger, smaller children to sit in the back seat.

Motorcycles and their operators are subject to special laws. If you own and operate a motorcycle, you must comply with those laws. Visit the State Department of Motor Vehicles website for more information.

Many States and local jurisdictions have strict laws about the use of cell phones and other digital devices while driving. Research these laws on the State Department of Motor Vehicles website. North Carolina General Statute 20-137.4A states: It shall be unlawful for any person to operate a vehicle on a public street or highway or public vehicular area while using a mobile telephone to: (1) Manually enter multiple letters or text in the device as a means of communicating with another person; or (2) Read any electronic mail or text message transmitted to the device or stored within the device, provided that this prohibition shall not apply to any name or number stored in the device nor to any caller identification information.

### **Base Regulations**

**Vehicle Checks** -- All vehicles entering or leaving Seymour Johnson Air Force Base (SJAFB) are subject to search.

**Bicycles** -- Every person riding a bicycle on a street on SJAFB shall be subject to all applicable duties, responsibilities, and regulations established for motor vehicles. Bicycles shall be equipped with adequate brakes and when ridden during the hours of darkness, shall be equipped with an operational head lamp and reflector, which must be red. A handheld flashlight is acceptable for use as a night light.

**Speed Limits** -- The speed limit on base is 30 mph unless posted otherwise. Speed limit in base parking lots is 5 mph; speed limit in base housing is 20 mph; speed limit in base trailer court is 5 mph. The school zone speed limit is 20 mph, as it is in residential areas off base.

**Seat Belts** -- Seat belts must be worn while traveling in the front seat of any passenger vehicle. There is a \$25 fine for any violation. (Not on Base) Children under 4 or not exceeding 45 pounds in weight must ride in a Department of Transportation approved car seat and children between 3 and 6 must either be in car seats or wear seat belts regardless of where they sit in the car.

Children under age 12 are not allowed to ride in the open beds of pickup trucks, unless properly supervised.

### **North Carolina Vehicle Registration**

Military personnel and their dependents may register their vehicle(s) in North Carolina or may maintain their home state registration. However, should a dependent become gainfully employed in North Carolina and use his/her vehicle in that business, then the vehicle must be registered in North Carolina. Dependents home state is considered the same as the military sponsor.

### **Registering Vehicles on Base**

This is no longer a requirement at Seymour Johnson AFB.

### **Motorcycle Regulations**

When operating or riding a motorcycle in North Carolina, you must wear a Department of Transportation (DOT), United Nations Economic Commission for Europe (UNECE) Standard 22.05, British Standard (BS), or Snell Standard M2005, or higher approved helmet. Goggles, wrap around glasses, or a full face shield designed to meet or exceed American National Standards Institute (ANSI) Standard Z87.1, UNECE 22.05, or BS6658 in effect when manufactured, will be properly worn. A windshield does not constitute proper eye protection. Wearing of long sleeved shirt or jacket, long trousers and full-fingered gloves or mittens is required. Foot protection is also mandatory. This includes sturdy over-the-ankle footwear that affords protection for the feet and ankles. Headlights must also be turned on at all times. For further information, please refer to AFI 91-207 and/or SJAFBI 31-218.

#### *Registering Motorcycles on Base*

This is no longer a requirement at Seymour Johnson AFB.

## Education - General Overview

### Introduction

#### *Public School*

Goldsboro and Wayne County offers a wide range of schools in the area. The Wayne County public school system consists of 14 elementary schools, 10 middle schools and 8 high schools.

Students living in base housing will attend Meadow Lane Elementary School (PK-4), Greenwood Middle School (5-8), and Eastern Wayne High School (9-12).

"WAGES" Head Start is a comprehensive preschool program serving the needs of eligible three and four year olds. Call the Center at 919-734-1178, ext 218.

The Wayne County Public Schools operate on a Traditional School Calendar and a Non-Traditional School Calendar for the two non-traditional high schools. See [website](#) for the public schools calendars.

For registration of your child/children please contact the school and set up an appointment. Kindergarten students entering public school for the first time must be age five on or before 31 August to enter kindergarten. An official birth certificate and immunization records must be furnished at registration, along with proof of residence. Students whose families live on or near the base attend schools in the Eastern Wayne district. Meadow Lane Elementary School (PK-4) is located adjacent to the base. Greenwood Middle School (5-8), is located across the street from Meadow Lane Elementary, and both are located on E. Ash Street. Eastern Wayne High School (9-12), is located on New Hope Road about a 20-minute bus ride from the base. Depending on where the student lives in base housing, students may ride a bus or may walk to both Meadow Lane Elementary and Greenwood Middle and will be transported to Eastern Wayne High. Transportation (buses) is provided to students living at least 1 1/2 miles from school. Whatever district you reside in will dictate to which school your child will be transported.

#### *Graduation Requirements*

In order to graduate from a Wayne County Public Schools' high school students must meet the following requirements. Successful completion of all accountability standards for high school set out by the State Board of Education in policy GCS-N-003, Student Accountability Standards that are applicable for the year in which the student entered ninth grade for the first time and/or the student's course of study.

Successful completion of 24 course credits in the chosen course of study and all other course requirements mandated by the State Board of Education.

Successful completion of all additional courses and other requirements mandated by the Board of Education.

Students enrolled in the Occupational Course of Study must complete 22 credits, present a Career Portfolio and complete Individual Education Program (IEP) objectives.

See Wayne County Public Schools [website](#) and click on the student tab to view graduation requirements and high school course registration catalogue. The high school course registration catalogue will provide specific course credit requirements for graduation.

#### *Special Education Programs*

Special education programs are provided in the areas of gifted, learning disabled, mentally handicapped, emotionally handicapped, speech, visually and/or hearing impaired, physically handicapped, hospital/homebound, and preschool handicapped. Edgewood Community Developmental School is a day school serving children with special needs, ages 3-21. This school serves exceptional children identified as moderately, severely, or profoundly mentally handicapped as well as autistic students. The student ratio at the school is about 3:1 with student enrollment ranging from 100-110 students each year. Support services include speech therapy, occupational therapy, a registered nurse and a home-school coordinator. There is also one alternative school for grades 6-12, Wayne Academy. Please visit the [Wayne County Public schools website](#).

For information on "Transitioning New Students", "Wayne County Public School Calendar", "Enrollment Requirements", "Minimum Requirements for Graduation", "Student Accountability Standards" and "Dress Policy" visit the Wayne County Public Schools or website.

### Private School

There are 8 private schools in Goldsboro.

### Home Schooling



The North Carolina General Assembly allows home instruction, under certain conditions, as means of complying with compulsory school attendance requirements.

For more information please call the School Liaison Officer at the Airman & Family Readiness Center, 919-722-1123.

### **Adult Education**

Wayne Community College is located approximately 7 miles from the base and has a broad range of programs from college courses, continuing education and basic skills classes. English as a Second Language, GED classes and Adult High School Diploma programs are available for free, although there is a fee for materials. For more information on higher education classes contact the Base Education Office at 919-722-5800.

North Carolina has a variety of colleges and universities. Opportunities range from traditional four-year institutions, women's colleges, private colleges, and community colleges. You will find several opportunities right here at Seymour Johnson and the surrounding communities. Here are just a few:

University of Mount Olive: The University of Mount Olive has a campus on Seymour Johnson AFB. For more information call 919-658-7752 or visit their website at [www.umo.edu](http://www.umo.edu).

University of North Carolina: The University of North Carolina has 17 institutions statewide, with campuses in nearby Raleigh, Durham and Fayetteville. For more information call 919-962-1000 or visit their website at [www.northcarolina.edu](http://www.northcarolina.edu).

Wayne Community College: Wayne Community College offers more than 100 degrees, diploma, certificate and continuing education programs right here in Goldsboro. For more information call 919-735-5151 or visit their website at [www.waynecc.edu](http://www.waynecc.edu).

## Education - Local Schools

### **How do I choose a school?**

Choosing the right school for children is a priority for many military families. Finding the right educational setting for each child requires a careful examination of the available options, whether you live on and off the installation. "Choosing a School for Your Child," a publication from the U.S. Department of Education, offers checklists and questions to assist parents in making the right choices.

### **How do I find out about schools near my new duty station?**

Several quality online tools are available. [Military OneSource](#) is a free service offered by the Department of Defense to service members and their families to help with a broad range of concerns including education, parenting and child care, relocation and the concerns of families with special-needs members. An [educational consultation](#) with a specialty consultant is available, free of charge, and can help you address specific educational needs and goals.

### **How can I help plan for a successful transition?**

Parents often want to know about the availability of extracurricular activities and sports, or the availability of advanced classes for their children. While there are other sources that can provide some information on these topics, it is usually best to get this information by contacting the schools directly.

## Education - Local Schools/Overseas

Moving from one installation to another in the United States can be challenging enough; but moving with your family overseas can be even more complex. One of the most important challenges can be summed up in one question: "Where will my children go to school?"

### **Where do I start?**

Start with [MilitaryINSTALLATIONS](#) to learn more about your new installation. In particular, read the installation's education article. All overseas installations dedicate a portion of the education article to discussing the education options available in the local community, as well as the Department of Defense schools on the installation, if available. Most overseas installations with accompanied family members have one or more Department of Defense school.

### **What is the difference between a Department of Defense school and an international or national school?**

The Department of Defense Education Activity, or DoDEA, operates schools in 11 foreign countries, Guam and Puerto Rico. All DoDEA schools are fully accredited by U.S. accreditation agencies and maintain high academic standards with well-rounded educational programs. Visit the [DoDEA](#) website for more detailed information.

The DoDEA's student preregistration system helps streamline the registration process and allows school officials to better predict school enrollment, make more informed decisions regarding teacher and staff requirements, and prepare for special services and supplies. Parents can preregister their children by visiting the [DoDEA Online Student Pre-Registration](#) site.

The [U.S. Department of State's Office of Overseas Schools](#) works to promote quality educational opportunities for families of American citizens overseas. If a Department of Defense school is not available, visit this site to learn more about the schools in your new area.

In general, international schools are English-language schools at overseas locations. National schools are schools where courses are taught in the native language. The curriculum and grading system of an international school tends to be similar to the traditional American education system. This may be an important consideration if your family will be returning to the U.S. before a child graduates from high school.

### **Where can I find a list of international schools in the country where my family is moving?**

You can find a directory of overseas schools on the [U.S. Department of State's Schools Worldwide](#) page. The listing includes schools that receive assistance from the U.S. Department of State, as well as other international, private, religious and public schools.

### **How do I decide what school is best for my child?**

Although you may not have as many choices as you had in the United States, the process for choosing a school for your child is the same. You can begin by making a list of possible schools. Next, you'll want to find out more information about each school. Talk to the relocation personnel at the Military and Family Support Center and with your sponsor, who may be able to put you in touch with other families with children around the same ages as yours. You may also want to contact the school and ask for references.

Once you have narrowed down your options, you may decide you want to schedule an interview with the school or schools. Here are some considerations you may want to discuss:

- Curriculum
- Grading system
- Tuition
- Accreditations
- Teachers and other staff
- Meals
- Extracurricular programs
- Transportation
- Schedule
- Before- and after-school programs

### **Now that I have chosen a school, how do I successfully transition my child?**

Start planning for a successful school transition as soon as you learn about your move. The more your child knows about what to expect, the more confident your child will feel on the first day of school. Allow your child to be a part of the decision-making process, if appropriate, and take your child's opinions into account.

## **Education - Training (College/Technical)**

### **Education - Training (College/Technical)**

The Education and Training section offers career information and counseling on education opportunities. Information on the Community College of the Air Force, tuition assistance, commissioning programs, financial aid, and a variety of testing (voluntary PME, CDC testing, DLPT and WAPS) is also available. Contact the Base Training & Education Services office by calling 919-722-5800.

On-base colleges provide a variety of education programs from associate degrees through master's degrees. Central Michigan University (CMU), Embry-Riddle University (ERAU), Fayetteville State University (FSU), University of Mount Olive (UMO), and Wayne Community College (WCC) offer degree programs on base. Undergraduate Degree Programs Offered: (UMO), Business Management (UMO), College Transfer (WCC), Management of Information Systems (UMO), Human Resource Management (UMO), Liberal Arts (UMO), and Professional Aeronautics (ERAU), Graduate Degree

Programs offered: Master of Science in Administration (CMU), Master of Aeronautical Science (ERAU) and Master of Business Administration (FSU). Other colleges and universities in the area include East Carolina University, Duke University, University of North Carolina-Chapel Hill, North Carolina State University, North Carolina Wesleyan, North Carolina Central, A&T University, University of North Carolina/Greensboro & Wilmington, Fayetteville State University, Shaw University, Methodist College and Barton College. Wayne Community College also offers numerous technical training programs which yield certification upon completion. These courses are offered on their main campus. Professional guidance counselors can help you find the right college program.

Tuition rates at NC state institutions:

Members of the armed services stationed in and concurrently living in North Carolina may be charged a rate which is equivalent to the in-state tuition rates. A dependent relative (wife, husband, son, and daughter) of a service member stationed in North Carolina is eligible for in-state tuition while living in North Carolina with the service member. In the event a military member leaves North Carolina (PCS), a student previously provided in-state tuition rates shall continue to be eligible for the in-state rates as long as they maintain continuous enrollment. Individuals assigned to North Carolina military installations, not paying North Carolina taxes and not enrolled, need to understand that upon retirement or separation they and their dependents lose the in-state tuition status until they qualify as a resident. To qualify as a resident, for tuition purposes, a person must become a legal resident (contact the college for guidelines) for at least 12 months immediately prior to classification.

## Library

### Air Force Library Program

The Air Force Library Program provides an avenue for airmen and their families to continue their professional and self-developmental educational pursuits, as well as resources for productive use of leisure time. Libraries also procure mission-essential technical publications to support the mission and technical requirements of military personnel. Many online products, including downloadable audio books, ebooks and college-level practice tests, are available from installation library websites and on the [Air Force Portal](#). These libraries house a variety of print and audio-visual materials for checkout to eligible customers. In addition, Air Force libraries offer customer-use computers with Internet access, free of charge, and most have wireless Internet capabilities. Many installation libraries conduct special programs, such as story hours and summer reading programs for youngsters and a variety of classes, author and book talks, and holiday or Air Force heritage events.

The Air Force Library and Information System consists of 82 libraries (63 general, eight academic and 11 scientific and technical), as well as nine geographically separated library branches in Europe and five Learning Resource Centers in Southwest Asia. The Air Force Library Program also oversees procurement and distribution of educational and recreational materials to more than 150 remote sites and contingency operations in 40 countries around the globe. Air Force libraries serve more than 9.7 million customers and circulate 33.2 million items annually. Air Force libraries house more than 7 million print, audio, video and online resources.

### Morale, Welfare and Recreation Digital Library

Our mobile military members often don't have the resources of a brick and mortar library on hand. The Morale, Welfare and Recreation digital library provides those resources for members in transit, at foreign missions or remote sites, and for deployed personnel. Access to library materials in electronic and downloadable format is available online, 24/7. The library provides recreation, lifelong learning, and reference and career resources for all ages and interests. All resources, including audio and ebooks, are available free to Service members anywhere there is access to the Internet.

The [Morale, Welfare and Recreation digital library resources](#) include the following:

- Books, with thousands of fiction and nonfiction titles, including animated children's books
- Databases that support education, research, and career growth
- Resources that provide information on repairing a car or a small engine

Learn more about the Morale, Welfare and Recreation digital library at [Military OneSource](#).

### Installation Specific Information

The Seymour Johnson Air Force Base Library proudly offers many services to the base community. The library offers information that is sure to help all Airmen with resources that can provide academic success, professional development, and entertainment opportunities. The Children's Library offers a magical program where parents can bring their children for a 30 minute story-time and craft with our very own NaNa Belle.

Our collection includes adult, young adult and children's fiction and nonfiction titles, including the latest best sellers.



The library also has a huge selection of DVDs, audiobooks, video games for the Wii, Xbox, and Playstation, For the student, CLEP and Dantes testing aids are available. The library's website provides access to many online databases that promote further learning in any discipline for any age. Use of these databases is available in the twenty-two station computer lab or from a home computer. Not only is academic material available through the online databases, but a variety of downloadable audio books, magazines, e-books, and newspapers are easily accessible. The SJAFB Library offers various programs each month including, the Brown Bag Book Club, author visits, and computer training classes. During the summer, the library conducts summer reading programs that are for children, teenagers, and adults. Within the shelves of the library, there are multiple opportunities for the patron to meet, travel, and return with an eagerness to want more. We look forward to meeting you at our library.

## Housing - Overview

### Government Housing

Visit the [Air Force Housing website](#) to find your new home with the Air Force. This website serves as a one-stop shop for Airmen and their families to obtain information about the housing options and support services available to them at Air Force bases world-wide.

## Housing - Temporary

### Temporary Lodging Facility(TLF)

The Southern Pines Inn has 161 temporary lodging rooms, 69 of which are designed to accommodate families. The facilities consist of 1 and 2 bedroom units as well designated handicap rooms.

#### Rates

Visiting Airmen Quarters \$44.00 per night; Visiting Officers Quarters \$60.00 per night; Temporary Lodging Facility (family quarters) \$63.00 per night, Pet Units \$63.00+ \$10.00 pet fee; Distinguished Visitors Enlisted \$50.00 and Distinguished Visitors Officer \$69.00, and General Suites \$75.00 per night. If calling DSN Overseas, we can be reached at 312-722-0385 or if calling CONUS DSN -722-0385. Our commercial number is 919-722-0385.

#### Pets

Our lodging facility does have limited rooms available for families traveling with pets. Please call as soon as possible to reserve a room. For list of requirements/policies please see the Southern Pines Inn flyer on "Pet Friendly Policies and Procedures" in your sponsor package or call Seymour Johnson Lodging at 919-722-0385 (commercial) or DSN 722-0385 (312-722-0385 if calling from overseas).

See "Household Goods - ShippingPets" for a complete list of kennels in the local area.

## Housing - Government

### Privatized Housing

At Seymour Johnson Air Force Base, military family housing is privatized. Corvias Military Living owns the family housing and is responsible for maintaining, repairing, constructing and managing the community. In addition to your option to purchase and rent housing in the local community, you now may choose to live in privatized housing by signing a tenant lease agreement with Corvias Military Living.

For comprehensive information about the privatized housing community at Seymour Johnson AFB, [view a complete listing](#) of need to know, community specific items.

[Click here](#) to see a complete listing of home information and floor plans.

### Applying for Privatized Housing

Applying for privatized housing and need assistance or have questions, [contact the HMO and the housing management staff](#) who will provide you the latest information on privatized housing and details about the application process. The HMO will also update you on any base specific policies regarding residing in privatized housing.

### **Community Amenities**

Privatized housing is comparable to housing in the local community and provides a wide variety of amenities and support services.

At Seymour Johnson the Housing Community will receive a tailored recreational amenity plan as well as a centralized community center that serves as the center of the neighborhood and provides both recreational and management services.

To obtain specific information on the services available at Seymour Johnson contact the Property Management Office at 1-866-639-4552 or 919-988-6920.

### **Paying Rent for Privatized Housing**

Much like living in the local community, you will sign a tenant lease agreement, typically for a term of one-year beginning on the Lease Commencement Date and terminating on the Lease Expiration Date. Privatized Housing at Seymour Johnson comes with a no security deposit or application fee. The lease includes a military clause and a lease termination clause. You pay your monthly rent by authorizing an allotment of your BAH that is paid directly to the Owner or its designated agent.

Corvias Military Living collects rent in arrears. The allotment shall be payable on the 1st day of the month for the previous month's rent. If your move occurs prior to the allotment start date, then you will need to pay the pro-rated rent directly to the Property Manager. The Resident Occupancy Agreement spells out all relevant rent payment terms and conditions.

### **Gas and Electric Utilities**

At this location, homes in the community have been metered and are in the data collection and review process, during this time the Utilities will continue to be included in the rental payment, without a separate payment to be made by the residents. For additional information about utilities, contact the Property Management Office at 1-866-639-4552 or 919-988-6920.

## **Household Goods - Overview**

### **Arranging Household Goods Shipments**

As soon as you are alerted to your upcoming permanent change of station move, you can start getting your house and family ready. Clean up and get rid of junk. Hold a yard sale or donate serviceable items you no longer need. Gather important family records.

If you are moving overseas, begin to plan what items will go in unaccompanied baggage, in your household goods shipment and in permanent storage. Remember, in overseas areas, the electric current may be different and houses are generally much smaller than those in the United States. These are good questions to ask your sponsor.

#### *Household Goods Shipping Process*

The Defense Personal Property System is the online system you will use to manage your household goods shipment. For how-to guides to assist with your application go to [Move.mil](#).

#### *Pets*

Moving with your pet includes researching airline requirements and quarantine restriction laws in your new location. Many airlines have requirements for size, weight, breed, number of animals, kennel construction, documentation and seasonal limitations. Small pets may be shipped on military flights, but availability and regulations are always changing. Search [Move.mil](#) for more general information on shipping pets.

Many international locations have strict importation laws, including extended quarantines and restrictions on breeds or types of animals. Carefully research these rules as they could impact your moving schedule. You may also find some locations in the United States that have restrictions on certain animals and breeds. Review your new installation's "Shipping Pets" in [MilitaryINSTALLATIONS](#) for details.

**"It's Your Move"**

Review the U.S. Transportation Command booklet, "[It's Your Move](#)," for detailed information on weight allowances, the household goods shipping process, storage, automobile shipments, claims processes and the customer satisfaction survey.

**Installation Specific Information****Household Goods - Shipping Pets****Boarding**

Pets can stay at the Southern Pine Inn lodging facility, but pet friendly rooms are limited, so please call as soon as possible to reserve a room. For list of requirements/policies please see the Southern Pines Inn flyer on "Pet Friendly Policies and Procedures" in your sponsor package or call Seymour Johnson Lodging at DSN 312-722-0385. Also pets may be housed in local animal kennels.

The following kennels are found in or near Goldsboro . The following list does not promote any particular one and does not constitute an endorsement by the Department of the Air Force.

**Veterinary/Kennel Services**

<b>Name</b>	<b>Address</b>	<b>City</b>	<b>Phone Number</b>
Berkeley Vet Clinic	2736 Graves Drive	Goldsboro	919-778-5398
Eastwayne Vet Clinic	4255 US Hwy 70E	Goldsboro	919-778-3058
Pet Place	2063-B New Hope Rd	LaGrange	919-778-1991
Mt Olive Animal Hospital	168 Hwy 55 E.	Mt. Olive	919-658-6534
Jeric's Kennel	929B Rodell Barrow Rd	LaGrange	919-778-6641
Shrado Kennels	757 Forehand Rd.	Pikeville	919-736-3776

**Boarding Stables**

<b>Name</b>	<b>Address</b>	<b>City</b>	<b>Phone Number</b>
Spring Bank Stables	390 Old NC111 South	Goldsboro	919-252-3338
Stepping Stone Stables	1094 Capps Bridge Road	Pikeville	919-394-6269

Remember, it is a good idea to make advanced arrangements for pet boarding as soon as you know your arrival date. Your sponsor may be of assistance here, so call on him/her.

Since prices are subject to change, we suggest that you contact the facility for current rates and requirements.

**Licensing, Registration and Immunization**

Military members living on base must register their pets within ten (10) days after arriving at the Seymour Johnson AFB Veterinary Clinic. Contact the base veterinary clinic or any local clinic on any further requirements.

Privately owned animals can receive routine immunizations and treatment for common health problems at the Veterinary Clinic. Members living on base must register their pets at the clinic within ten (10) days of arrival.

**Quarantines**

Seymour Johnson AFB does not have a pet quarantine of any type.

**Pet Travel**

Plan your pet's trip in the same way you plan your own -- well in advance. Make sure he/she has a clean bill of health; NEVER give him/her tranquilizers without the veterinarian's approval; make sure your pet has identification in case he/she gets separated from you; be sure of the correct specifications for the carriers your pet will be spending most of his trip in, i.e. size, construction (if made), ventilation, water container; make sure reservations are made for the pet for both the airplane and the hotel. If traveling with you (which is the most convenient for him), NEVER leave your pet alone in a parked vehicle.

**Air Travel**

The Pet Movers at 1-800-625-3448 can assist you with moving your pets. Check with the Transportation Management

Office (TMO) first at 919-722-5452 or DSN 312-722-5452.

## Special Needs

### **The Exceptional Family Member Program**

When you're moving, your to-do list can seem long enough to fill a packing box. But if your family has special medical or educational needs, help is available before, during and after your move. Enrollment in the Exceptional Family Member Program provides military families with special needs consideration during the assignment process and access to support services to help navigate the medical and educational system.

The Exceptional Family Member Program has three components:

- Identification and enrollment of a family member with special medical or educational needs
- Assignment coordination to determine the availability of services at the projected duty station
- Support to help families identify and access programs and services

#### **Who should enroll in the program?**

Family members with special medical or educational needs should enroll in the EFMP including spouses, children and dependent adults who:

- Require special medical services for a chronic condition such as asthma, attention deficit disorder, diabetes, multiple sclerosis, etc.

- Receive ongoing services from a medical specialist

- Have significant behavioral health concerns

- Receive early intervention or special education services through an individualized education program or individualized family service plan

#### **Why enroll in the program?**

Enrollment in the EFMP ensures that family members' documented medical and educational needs receive consideration during the assignment coordination process. Through the EFMP family support office, families can receive assistance with navigating military and community support systems.

#### **How do families enroll in the program?**

Families can enroll by obtaining paperwork from the EFMP medical point of contact at their local military treatment facility, or, in the Marine Corps, from Marine Corps Community Services. The forms for enrollment are:

[Department of Defense Form 2792, "Family Member Medical Summary."](#) The service member, spouse or adult family member completes the first page to document medical needs. The family member's physician or other qualified medical professional completes the rest and includes the diagnosis, frequency of care, medication and any special accommodations the family member requires.

[Department of Defense Form 2792-1, "Special Education/Early Intervention Summary."](#) The sponsor, parent or legal guardian completes items one through seven of the first page to document educational needs. School or early intervention program personnel complete the remainder of the form, which includes the child's educational diagnosis. A copy of the individualized education program or individual family service plan pairs with the form.

#### **What is assignment coordination?**

The military mission is the driving force behind the assignment process, but enrollment in the EFMP ensures that family members' documented needs are considered in the process. Assignment coordination occurs when the personnel command requests that Department of Defense medical or educational professionals review a family member's documented needs to determine availability of services at a projected location. Assignment coordination is important because access to appropriate medical and educational services may be limited in some areas, especially in overseas and remote locations.

#### **What is family support?**

The EFMP family support function helps families identify and access programs and services. Family support includes, but is not limited to, the following:

- Information and referral for military and community services



Warm handoffs to the EFMP at the next location

Nonclinical case management

### **What is the role of the family support provider?**

The role of the family support provider includes:

Helping families on the path to empowerment by providing information and referral services, non-medical case management, education and other supports

Helping relocating families pinpoint and navigate formal programs and services and informal supports

Bridging gaps in programs, services and support by informing families on what is available, and how to apply for benefits and entitlements

### **How do families access family support?**

Access the EFMP family support by visiting or calling your local installation Military and Family Support Center or by contacting Military OneSource at 800-342-9647 and asking for a referral to a special needs consultant.

### **How can families help ease the transition to a new school system following a move?**

In addition to the support available from the installation Military and Family Support Centers and Military OneSource consultants, MilitaryINSTALLATIONS provides some suggestions for making the transition easier as your child enters a new school system following a move to a new duty station. The article, "Preparing for Your Move," provides tips for what to do prior to and after your move to help create a smooth transfer between schools.

Additionally, military families can learn about the Education Directory for Children with Special Needs for information on special-needs issues and listings of national and local resources for early intervention (for infants and toddlers) and special education (for school-age children) services.

## Special Needs - EFMP Enrollment

Military families often relocate every two or three years. Below are suggestions for making the transition easier as your child enters a new school system following your family's move to a new duty station in the states or a Department of Defense Education Activity school overseas.

### **Relocating: things to remember**

At least 30 days prior to your move:

Notify the school or early intervention agency of your impending move and request a copy of your child's educational records.

Obtain your child's most recent transcripts, grade reports and all pertinent medical records, including inoculation records, prescriptions and dosages.

Contact the new school district or early intervention agency for specific information about programs on or near the installation where you will be living. Use the State, School District and Installation Information sections of the [Education Directory for Children with Special Needs](#) to identify the districts in your new location and find information about early intervention agencies. The directory provides helpful tools to assist families with infants and toddlers and school-age children transitioning to a new educational program.

If your child has special needs and is receiving early intervention or special education services, request a copy of the following information:

Latest individualized education program or individualized family service plan, including the most recent progress report

Your child's most recent eligibility determination report for special education services, including early intervention

The names of textbooks or other materials that have been effective for your child

Adaptive equipment and assistive technology such as communication devices or modified key boards that your child uses in school

As you leave your duty station, you should:

Hand carry a copy of your child's inoculation records and the information you collected about your child's educational program.

Take any special equipment, medication refills and supplies (for example, hearing aid batteries) that your child may need in the next two months.

Keep contact information for your child's current teacher or early intervention specialist in case there are questions at your new school or early intervention agency.

Provide the staff at your child's current school with the contact information for the special education staff at your child's new school to speed the transfer of your child's information.

When you arrive at your new duty station, you should:

Take the hand-carried educational information, including immunization records, with you to enroll your child in the local school.

Notify the new school that your child has special needs. Sign appropriate releases so the new school can request official copies of your child's records.

Request copies of any publications about the school's special education services.

It is easier for the receiving school to start the appropriate special education or early intervention services for your child when you hand-carry important information about your child. The current individualized education program will be recognized by the school's special education committee and interim services can be provided within days. Each state has different policies or procedures that guide its special education and early intervention programs. Do not expect to use the same forms and procedures that were used at your previous location. You should expect that every effort will be made to meet your child's needs.

## Special Needs - EFMP Family Support

### Background

The [Education Directory for Children with Special Needs](#) was developed to support military families who have children (birth through 21) with special educational needs. Military families can consult the directory for information on special-needs issues and listings of national and local resources for early intervention (for infants and toddlers) and special education (for school-age children) services.

### Highlights

The Education Directory for Children with Special Needs is a valuable resource for military families. The directory:

- helps families identify the early intervention agencies and public school districts located near the installation prior to moving

- allows users to make more informed decisions and more easily navigate local early intervention and special education systems

- includes information on a range of disabilities affecting school-age children and on early intervention service providers and resources for infants and toddlers

- provides practical suggestions (Tools for a Smooth Transition) for relocating families

## Special Needs - Health Care

### Military treatment facilities

The clinics and services available at [military treatment facilities](#) vary by location. Before you move, identify the military treatment facility that will serve you, visit its website to learn about the services available and get contact information.

### Moving to a new TRICARE region

If you anticipate a move to another [TRICARE region](#), work with your local TRICARE service center or case manager before your move to ensure the transition is as smooth as possible. On arrival at the new duty location, you or your sponsor should contact the beneficiary counseling and assistance coordinator or the TRICARE service center to ensure the transition plans are in place and to obtain authorizations for TRICARE [Extended Care Health Option](#) services, if applicable.

### Beneficiary counseling and assistance coordinator

All TRICARE regional offices and most military treatment facilities are staffed with [beneficiary counseling and assistance coordinators](#). They provide information, guidance and assistance on benefit options, TRICARE Prime enrollment, special authorizations, status of claims, eligibility and assistance with referrals and appointments. If you or your family member has more severe needs, contact your [TRICARE case manager](#).

### Case management

Case management involves a team of health care professionals who help you and your family find solutions to complex health problems. It is important to inform your case manager if you are moving as he or she will connect you with the case manager at your new location.

### Extended Care Health Option

The [Extended Care Health Option](#) provides financial assistance to beneficiaries of active-duty service members who qualify based on specific mental or physical disabilities. The Extended Care Health Option offers an integrated set of services and supplies beyond the basic TRICARE program. Regional contractors in each of the TRICARE regions and overseas administer the program.

### Transporting medical equipment

Contact your installation's [household goods/transportation office](#) for information on special procedures for the transportation of medical equipment.

### Federal and state health care programs

[Medicaid](#) provides health coverage for individuals and families with low incomes or have a disability. The department of social services or the department of medical assistance may administer the Medicaid program in your state. [Supplemental Security Income](#), or SSI, is a cash assistance program intended to meet basic needs for disabled adults and children who have limited resources. Families must reapply after moving to a new state.

Many states offer services for children with special health care needs funded by the [Maternal and Child Health Services Block Grant](#), or Title V. State departments of health websites and local health departments can provide information on state health benefits. The [Maternal and Child Health Bureau](#) website has more information, including state points of contact.

### Other important resources

TRICARE [debt collection assistance officers](#) assigned to regional offices and military treatment facilities worldwide can help beneficiaries understand and get assistance with debt collection issues related to TRICARE.

### Installation Specific Information

The purpose of the Special Needs Identification Program (SNIP), formally the Exceptional Family Member Program (EFMP), is to insure that every family relocating (PCS) will have the specialized services at the prospective gaining base prior to approval of travel. SNIP attempts to assign families with special needs to or near those bases with the specialized medical or educational facilities (military or civilian) to meet their needs. Once a specialized need has been identified by a medical provider, it is the military sponsors responsibility to enroll their family member in SNIP and supply the supporting documentation.

An active duty member's spouse, child, or other military recognized family member with a special medical, mental health, and/or educational needs requiring specialized care is eligible for SNIP.

Enrollment -- The EFMP office has primary responsibility for SNIP and is your first stop to enroll in the program. An interview will be conducted to identify the type of care necessary to maintain, improve, or establish a treatment care plan.

Appropriate documentation such as medical summaries, Individualized Education Plans (IEPs) or Individualized Family Service Plans (IFSPs) must be submitted that clearly identify the need for enrollment. The sponsor is responsible for gathering and submitting these documents. Enrollment in the program is mandatory once a special need is identified.

Enrollment in the SNIP does not prevent Air Force personnel from getting an assignment. Enrollment can provide for an initial deferment or reassignment to set up a program of medical treatment or special education. Once such a program is established, the member reverts to worldwide assignable status. Special assignment consideration will continue as long as the condition exists.

As a parent or spouse of a special needs person, it is your responsibility to contact the SNIP office and let personnel know you and your family have arrived.

For additional information about this program contact the EFMP Office at 919-722-8537 or DSN 312-722-8537.

## Education - Special Education/EIS

### Early Intervention and Special Education Services

*Children from birth to 3 years of age*

The Individuals with Disabilities Education Act, or IDEA, requires all states and territories to provide early intervention services to children from birth to 3 years of age who have or are at risk for having developmental delays.

Local school districts or health departments often provide these early intervention services. The program is called by different names in different areas, but it is often called Part C (because Part C is the section of the law that pertains to early intervention). The [National Early Childhood Technical Assistance Center](#) provides a list of state Part C directors and funded programs on their website. Also, [Military OneSource](#) can assist you in identifying early intervention programs in your area.

When moving, you should hand carry copies of your child's individual family service plan and the most current evaluation reports to your new home to ensure they are not lost.

#### *Children between 3 and 21 years of age*

The IDEA requires all states and territories provide special education services to eligible children between the ages of 3 and 21. Each local school district has a special education director, and each school should have an individualized education program team or school-based committee that attends to students with special education needs.

The IDEA requires that if a child transfers to a different district in the same state, the receiving school must provide comparable services until the new school develops and implements a new individualized education program. If a child transfers to another state, the receiving district must provide comparable services until the receiving district completes an evaluation and creates a new individualized education program.

If you are moving and your child receives special education and related services, you should hand carry all pertinent school and medical documents, including the individualized education program and current evaluation reports. Hand carrying these documents ensures that they are not lost and allows the new school district to begin the process as soon as you move.

#### *Other resources*

Parent Training and Information Centers serve families and adults with special needs from birth to age 26. They assist families in getting appropriate education and services for their children, work to improve education services for all children, train and inform parents and professionals, resolve problems between families and schools or other agencies, and connect those with disabilities to community resources. Find out more at the [Center for Parent Information and Resources](#) website.

### **Installation Specific Information**

#### *Special Needs Identification Program (SNIP)*

The SNIP is designed to provide assistance to the children and adult dependents of eligible military personnel who are emotionally, physically and mentally challenged. These are individual cases and should be referred to SNIP so that all services and education may be coordinated for the in-bound personnel.

This assistance may be in the line of counseling, special medical or educational assistance, and financial assistance. This office also maintains a respite care resource list. Active-duty Air Force members with a special needs family member may be eligible to receive funds for respite care from the Air Force Aid Society. See the SNIP office for details.

The EFMP Office located in the main Medical Group Building is the point of contact for SNIP and is your first stop to enroll in the program. An interview will be conducted to identify the type of care necessary to maintain, improve, or establish a treatment care plan. Appropriate documentation such as medical summaries, Individualized Education Plans (IEPs) or Individualized Family Service Plans (IFSPs) must be submitted that clearly identify the need for enrollment. The sponsor is responsible for gathering and submitting these documents. Enrollment in the program is mandatory once a special need is identified.

Enrollment in the SNIP does not prevent Air Force personnel from getting an assignment. Enrollment can provide for an initial deferment or reassignment to set up a program of medical treatment or special education. Once such a program is established, the member reverts to worldwide assignable status. Special assignment consideration will continue as long as the condition exists.

As a parent or spouse of a special needs person, it is your responsibility to contact the SNIP office and let personnel know you and your family have arrived.

Special Needs Children arriving at Seymour Johnson must bring the following information:

Medical records

School records

Documentation of how child was tested (results are valid for 3 years from date of test)

#### *Childcare Needs*

On-base childcare or before/after school care, must provide a note from base doctor indicating any necessary



modifications to environment, staffing, or activities. There is not an additional charge for special needs children.

For additional information about this program contact the Patient Administration located at the Tri-Care Building at 919-722-1951 or DSN: 312-722-1951. The Life Skill Support Center at 919-722-1883 or DSN: 312-722-1883 can also be of assistance.

### Local Community Information

Head Start/Early Head Start of Wayne County -- Provides free education for eligible pre-school age children, during the school year. There is often a wait list for this program.

Within the Wayne County Public Schools, special education programs are provided in the areas of gifted, learning disabled, mentally handicapped, emotionally handicapped, speech, visually and/or hearing impaired, physically handicapped, hospital/homebound, and preschool handicapped.

Related services including physical and occupational therapy, transportation and adaptive physical education are provided for student meeting established criteria. All due process procedures are strictly followed as mandated by state and federal laws.

School Liaison Officer -- Seymour Johnson AFB has a School Liaison Officer, assigned to the Airman and Family Readiness Center, building 3602 and is available to assist newcomers with information on public, private and home schools and can be reached at 919-722-0691 or DSN 312-722-0691.

## Health Care - Overview

### Moving with TRICARE

When you move, TRICARE moves with you. It's there before, during and when you get to your next duty station. It's available worldwide. There are steps you need to take to make sure changes to your TRICARE coverage go smoothly. With your move, you may have to use a different TRICARE option.

Please note:

You and your family members have to show as TRICARE eligible in the Defense Enrollment Eligibility Reporting System, or DEERS.

For TRICARE plan information, visit the [TRICARE Plan Information Kits](#) page.

Regional and overseas contractor information is available on [TRICARE's Contact Us](#) page.

Print out the [TRICARE contact wallet card](#) and keep it with you.

Always keep personal contact information current in DEERS, especially your address and email.

### Prime options

#### *Prime options in the United States*

If you live in a Prime Service Area, then TRICARE Prime is an option for you. A Prime Service Area is usually within a 40-mile area of a military clinic or hospital. With Prime, you have a primary care manager, who may be a military or civilian doctor or a team of doctors, who manages your health care needs.

Some active-duty family members may enroll in the U.S. Family Health Plan, or USFHP. The USFHP offers a TRICARE Prime-like option in six areas of the United States. You'll get all care (including prescription drug coverage) from a network provider. With the USFHP, you can't get care at military hospitals and clinics or from TRICARE network providers (emergency exceptions). You have to work with USFHP when get care overseas. Visit the [U.S. Family Health Plan](#) page for more information.

If you don't live in a Prime Service Area, TRICARE Prime Remote is your other option. Eligible family members have to live with their active-duty sponsor (with some exceptions) to enroll in TRICARE Prime Remote. In most cases, your primary care manager is a network provider. If there's no local network provider, you can choose any TRICARE-authorized provider to act as your primary care manager.

#### *Prime options overseas (including U.S. territories)*

In overseas locations, you have two options for care:

**TRICARE Overseas Program-Prime** is for active-duty service members assigned overseas. Units are near military clinics and hospitals. To enroll in the program, family members must be command-sponsored. Your primary care manager is a military provider or team of providers.

**TRICARE Overseas Program-Prime Remote** is available in certain remote overseas locations. It's for assigned active-duty service members and their command-sponsored family members. Your primary care manager is the

overseas contractor who you contact through regional and country specific call centers.

**Note:** Active-duty service members must enroll in a Prime option.

When you know you're going to move, call your current TRICARE stateside overseas contractor. Find out if your new location is in a new region and talk about your TRICARE options.

#### *Transferring your TRICARE Prime/Prime Remote coverage*

When you move, your Prime options may change. You have to transfer your enrollment if you move to a different region. Some family members may have to disenroll and use TRICARE Standard. Options may vary for each family member. Remember, to enroll in a Prime option overseas, family members must be command-sponsored.

If you move within your current region, you still need to find out if your Prime option changes. You may only need to get a new primary care manager. Again, call your current TRICARE regional or USFHP contractor to talk about your move and your TRICARE options. Follow these steps to transfer your enrollment by phone:

**Call your current TRICARE regional or USFHP contractor** to transfer your enrollment or get a new primary care manager. The contractor will ask about you, your family, where you're moving to and the estimated date you'll get to your new duty station. Your current contractor then shares your information with your new contractor. If you only need a new primary care manager, they will work with you to make that happen. Your new contractor will call you within five business days of your expected arrival date to discuss your Prime enrollment and primary care manager options. Your enrollment transfer will be the day your new contractor calls and you agree to the transfer. It may take up to four business days to record your transfer. You will still have Prime coverage with your old region until the transfer is complete.

**Update your address in DEERS** as soon as you get to your new location, even if you're in temporary housing.

**Log into milConnect** to check on your enrollment. You can see who your primary care manager is and print out an enrollment card.

**Note:** Don't disenroll from Prime before you move.

Other ways to transfer your enrollment include:

**Transfer your enrollment online using TRICARE's Beneficiary Web Enrollment Tool.** The Beneficiary Web Enrollment Tool will be available in 2016 for those moving stateside from an overseas location. In the Beneficiary Web Enrollment Tool, you can set a date up to 90 days in the future as your enrollment transfer date.

**Call your new contractor** when you arrive in your new duty location. They can transfer your enrollment over the phone.

**Download an enrollment form** and mail it to the regional contractor for your new region. Remember to note the date you want the transfer to go into effect. Enrollment information for the USFHP is available on the [U.S. Family Health Plan](#) page.

**Enroll** when you in-process at your new duty location.

To learn more, visit the [TRICARE Moving](#) page.

#### **TRICARE Standard and Extra**

TRICARE Standard and Extra is an option for active-duty family members. You don't have to enroll—coverage is automatic as long as you show as TRICARE eligible in DEERS. With TRICARE Standard or Extra you can see any TRICARE-authorized provider, non-network or network. You pay a deductible and costs shares.

**If you visit a non-network provider**, you're use the Standard option. You may have to pay in full up front and file a claim for reimbursement.

**If you visit a network provider**, you're using the Extra option. You only need to pay your cost share at your appointment.

If you're a family member and don't want to enroll in TRICARE Overseas Program-Prime, or can't enroll because you're not command-sponsored, you have TRICARE Overseas Program-Standard. You can see any civilian provider (except in the Philippines).

If you want or have to use TRICARE Standard when you move, call the new regional contractor to disenroll from Prime when you get to your new location.

If you already using TRICARE Standard and Extra:

**Once you get to your new location, update your personal information in DEERS** as soon as possible. You can update your personal information through [milConnect](#), through [TRICARE's Beneficiary Web Enrollment Tool](#) or calling the Defense Manpower Data Center toll-free at 800-538-9552; TTY/TTD: 866-363-2883.

**Find a provider.** If you are within the United States, you can find network and non-network providers by region through the [TRICARE Find a Doctor](#) page. If you are overseas, you can find a provider through the [TRICARE Overseas](#) website or call the [overseas regional call center](#).

If you're in a new region, the claims address changes. Check the [TRICARE Filing Claims](#) page for your new mailing

address.

## TRICARE For Life

TRICARE For Life is for those who have Medicare and TRICARE. You don't have to enroll - coverage is automatic as long as you show in DEERS as TRICARE-eligible and have Medicare Part A and Part B if needed. When you go to a Medicare doctor, show your Medicare and uniformed service identification cards. Your provider files your claims with Medicare. Medicare pays first and sends the claim to the TRICARE For Life claims processor. TRICARE then pays second for TRICARE-covered services.

If you're an active-duty family member, you don't have to have Medicare Part B to keep your TRICARE benefits. You must have Part B to keep TRICARE once your sponsor retires.

When you move, update your personal information in DEERS as soon as possible. To find a new provider:

**If you are within the United States or in U.S. territories** (Guam, Puerto Rico, the Northern Mariana Islands, American Samoa or the U.S. Virgin Islands), you can search the Medicare Provider Directory or call 800-633-4227 to find a Medicare-certified provider. Visit the [Medicare](#) website or the [TRICARE For Life](#) website to learn more.

**If you are at an overseas location**, TRICARE For Life works a little differently. Medicare doesn't pay for care overseas, TRICARE is your primary payer. You may get care from any civilian provider. You pay up front and then file a claim with the TRICARE overseas contractor. You have to pay TRICARE Standard deductibles and cost shares. You can find a provider through the [TRICARE Overseas](#) website or call the [overseas regional call center](#).

### Getting care along the way

Before you move, take care of any routine medical needs, including immunizations. Fill your prescriptions so you have enough while traveling. TRICARE defines emergency care as "medical services provided for a sudden or unexpected medical or psychiatric condition or the sudden worsening of a chronic condition that is threatening to life, limb or sight and needs immediate medical treatment or a condition which has painful symptoms that need immediate relief to stop suffering." TRICARE defines urgent care as "medical care for a condition that will not result in disability or death if not treated immediately but should be treated within 24 hours to avoid further complications."

**Emergency care when stateside** – If you require emergency care while traveling in the United States, call 911 or go to the nearest emergency room. Then call your primary care manager or regional contractor within 24 hours of being seen.

**Urgent care when stateside** – If you require urgent care while traveling in the United States, are using a Prime option and you're close to a [military hospital or clinic](#), go there. You have priority access and you don't need a referral to be seen. Otherwise, if you have Prime, call or contact your primary care manager for a referral and authorization. If you don't get a referral and authorization before being seen, you'll pay the higher [point-of-service](#) deductible and cost share. If you have Prime Remote and don't have an assigned primary care manager, call the provider that acts as your primary provider or call your regional contractor.

**Emergency care when overseas** – For emergency care, go to the nearest emergency care location. If you're using TRICARE Overseas Program-Prime or Prime Remote, call [International SOS Medical Assistance](#) within 24 hours or on the next business day to get an authorization for the visit and needed ongoing care, and claims payment information.

**Urgent care when overseas** – For urgent care, go to the nearest [military clinic or hospital](#) if possible. Visit a U.S. embassy or call the [overseas regional call center](#). You need an authorization before you see a civilian provider. The call center can help you find one. Without an authorization, you'll end up paying a higher point-of-service deductible and cost share. Your claim may be denied if you're an active-duty member. More information is available on the [TRICARE Service Center](#) and [TRICARE Area Office](#) websites.

If you're using TRICARE Standard or TRICARE For Life, you may get urgent care from any TRICARE-authorized provider. If it's after clinic hours or you're not sure if you need to see a doctor, call TRICARE's Nurse Advice Line at 800-874-2273.

### Filling prescriptions while traveling

If you run out of a prescription drug while traveling, contact your military or civilian provider. If you have refills on a military clinic prescription, check to see if your prescription can be moved to and filled by another military treatment facility. If you have refills on your prescription with a major retail pharmacy chain, check with the chain to see if they can transfer your prescription to a local chain pharmacy. If you have refills on a drug you get through TRICARE home delivery, call the TRICARE pharmacy contractor to see what can be done.

**If you are within the United States or in U.S. territories** and a doctor puts you on a new drug, fill your prescription at a military pharmacy or TRICARE retail network pharmacy. If you are Prime and use a non-network pharmacy, you pay the higher point-of-service deductible and cost share. You may have to pay out of pocket for your drug(s). If so, file a claim with the [TRICARE pharmacy](#) contractor. If you are still in an overseas Prime option, you file your claim with the overseas contractor.

**If you are at an overseas location**, and a doctor puts you on a new drug, fill your prescription at a military

pharmacy or go to a civilian pharmacy. You will likely have to pay out of pocket. You [file your claim with the TRICARE overseas contractor](#), even if you are enrolled in a stateside Prime option.

#### *Getting dental care while traveling*

Getting dental care while traveling depends on your location and whether you are a service member or family member.

**If you are an active-duty service member within the United States or in U.S. territories**, you can receive dental care at a military dental clinic. Contact the [Active Duty Dental Care Program](#) before you see a dentist and tell the contractor about your move. You will need to get an authorization before you see a dentist. The Active Duty Dental Care Program will work with you so you can get care from a local network dentist. For dental emergencies, go to a military dental clinic if possible. If not, get care from any civilian network dentist and have the dentist give you paperwork showing what he or she did during the visit. Make sure you get the dentist's contact information and call the Active Duty Dental Care Program contractor immediately to let them know about your care so they can work with you to make sure they can pay the claim.

**If you are an active-duty service at an overseas location**, you can call the [overseas regional call center](#) to get authorization before you see a civilian dentist.

**If you are an active-duty family member within the United States, in U.S. territories or at an overseas location**, you can find out if any nearby military dental treatment facility treats active-duty family members. If you're enrolled in the [TRICARE Dental Program](#), call the TRICARE Dental Program contractor or visit their website to find a provider. You will need to get an authorization before you see the dentist.

#### **Permanent change of station for active-duty service members**

With permanent change of station orders, ask for a copy of your medical and dental records from your personnel office, providers/dentists, and medical or dental clinics. Do this at least one month before your permanent change of station date. This way you may be able to carry records to your new duty station.

You may ask providers or the military clinic to transfer your family's medical records to the military hospital or clinic nearest to your new duty station. You may ask to have copies of their records to carry with you or them as well. (You may have to pay to get their records copied.) If you want someone else to be able to get medical or dental information on you or your family while you are moving, you need to complete a DD Form 2870, "[Authorization for Disclosure of Medical or Dental Information](#)."

Find more about moving, updating DEERS, the TRICARE regions, pharmacy, dental and much more through the [TRICARE website](#) or the [TRICARE Moving page](#).

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### **Installation Specific Information**

#### *Medical Care*

The 4 Medical Group (MDG), also known as the Thomas Koritz Clinic and Paul Kiecker Dental Clinic, serves a Prime Service Area population of more than 35,000 beneficiaries with over 10,000 enrolled. The group is a unit of the 4th Fighter Wing in Air Combat Command with 310 assigned military, civilian, and contractor personnel providing dental and outpatient primary and specialty care. Staff operates in both the in-garrison and contingency environments supporting the Combat Air Forces' largest flying hour program, F-15E Strike Eagle Wing, Maintenance Group, and Total Force Integration structure. The 4 MDG is an Accreditation Association for Ambulatory Health Care (AAAHC) accredited facility (transitioning to Joint Commission in spring '17) with a Level 3 National Committee for Quality Assurance (NCQA) certified patient-centered medical home. Medical Services Includes:

- Alcohol & Drug Prevention (ADAPT) - Flight Medicine - Pediatrics
- Airman Transition Unit - General Dentistry - Pharmacy
- In-clinic Behavioral Health (BHOP) - Health and Wellness - Physical Therapy
- Bio-Engineering - Immunizations - Public Health
- Bio War Detection Lab - Information Systems - Radiology
- Dental Lab - Logistics - Readiness
- Diagnostic Lab - Mental health - Resource Management
- Facility Management - Occupational Medicine - TRICARE Operations & Patient Administration
- Family Health - Optometry - Veterinary Medicine
- Family Advocacy - Oral Surgery - Women's Health

TRICARE Prime beneficiaries are enrolled to one of the following teams: Family Medicine, Flight Medicine or Pediatrics.

You also may use TRICARE ONLINE to obtain routine appointments with the clinic Primary Care Manager (PCM) 24 hours a day. Step by step instructions for registration and procedures are given. It also provides lists of providers,



health care and drug information.

Step by step instructions for registration and procedures are available at [TRICARE ONLINE](#). It also provides lists of providers, health care and drug information.

#### *Health and Wellness Center (HAWC)*

The HAWC is located on the second floor of the Base Fitness Center. They offer a variety of services to include fitness testing and enhancement, smoking cessation classes and diet counseling.

#### *Pharmacy*

The pharmacy is located in the main clinic and has the same operating hours as the clinic.

All personnel should visit the TRICARE Building upon transitioning into the community; advisors will assist you to ensure you are prepared for all your health care needs.

## Child and Youth Programs

The Department of Defense takes great pride in the variety and quality of services provided to children and youth on installations worldwide. While the services provided may vary by location, the standards and quality of services are consistent and meet established regulations.

### **Child development centers**

Child development centers, or CDCs, generally offer child care for children ages 6 weeks to 5 years. Care is available Monday through Friday, with some locations offering options, such as extended hours, weekend care and respite care. Child development centers vary in size and larger installations may operate multiple facilities. Programs are certified by the Department of Defense and accredited by a national accrediting body, such as the [National Association for the Education of Young Children](#).

### **Family Child Care**

Children ages 2 weeks to 12 years may receive care in the private home of a certified family child care provider living in government-owned or leased housing. Care may also be provided in a state-licensed home in the community. Family child care is typically available weekdays and with additional care provided during evenings, weekends and flexible hourly care for shift work. Regulations limit the number of children who receive care at any one time to no more than six children under age 8 and no more than two children under age 2. Family child care providers must be certified to operate by the installation. Individual providers may voluntarily seek national accreditation from the National Association of Family Child Care and are provided local support, training and materials to accomplish this goal.

### **School-Age Care Programs**

School-age care programs provide care to children in kindergarten through sixth grade. Care is offered before and after school, during non-school days and summer vacations. School-age care programs may be located in Department of Defense youth centers, child development centers or in other suitable facilities. All programs are certified by the Department of Defense and accredited by a national accrediting body, such as the Council on Accreditation.

### **Requesting Child Care**

Military families may request child care by visiting [MilitaryChildCare.com](#). This Department of Defense website serves all military families seeking child care (including Child Development Centers, Family Child Care and school age care programs) and provides access to military-operated child care options world-wide. Families may search for and request care, manage their requests, and update their profile online, simplifying the process for finding child care.

### **Youth Programs**

Dynamic programs for youth ages 5 through 18 years are provided in approximately 300 youth and teen program facilities worldwide. A wide variety of offerings includes activities in physical fitness and sports, the arts, life skills, career and volunteer opportunities. Installation programs may also collaborate with other youth-serving organizations, like the Boys & Girls Clubs of America and USDA/4-H programs.

## Child Care

**Child Development Center (CDC)**

Seymour Johnson AFB operates a Child Development Center located on 1030 Langley Avenue and has a capacity for 186 children, 6 weeks to 5 years of age. The program is accredited through the National Association for the Education of Young Children and the Department of Defense.

*Hours of Operation* -- The facility is open Monday through Friday, 6:30 a.m. to 5:30 p.m.

*Eligibility* -- Children, infants through 5 years of age, of any active duty military personnel or Department of Defense civilian employee are eligible to receive care.

*Programs Offered* -- Following is a list of some programs offered at the CDC:

**Full Time Hourly Care** - Designed to provide up to 50 hours of care per week, Monday-Friday. This program has a complete developmental program for children and involves children whose parents are both employed or live with one parent.

**Hourly Drop-in Care** - Space is limited to daily availability. Contact us at 919-722-1197 for assistance in meeting your hourly care needs.

Those PCSing into the base are allowed seven days of child care while the military member and spouse in-process and look for a place to live. The seven days begin when the military member signs into the base. This child care is offered at a rate of \$3 per hour for each child and there is a two-hour minimum requirement. You must call and make reservations.

**School Age Program (SAP)**

The School Aged Care Program, housed in the Youth Center, has maintained accreditation since 1999. SAP provides before and after school care during the school year and full-day camp during the summer months for youths kindergarten to eighth grade. The center provides a learning rich environment for children through a variety of activities, games, field trips, and fun. Children are picked up and dropped off at the Youth Center by Meadow Lanes Elementary School and Greenwood Middle School. School-Age staff ensures that all children enrolled in the program get on the bus in the mornings and off the bus in the afternoon. This program expands to "all day" care when school is closed for special occasions or teacher conferences. Cost varies and is based on total family income. For more information contact the School Aged Program Coordinator at 919-722-0369.

**Family Child Care (FCC)**

SJAFB's Family Child Care program features specially trained and licensed providers who offer in-home care in their base-housing quarters and approved affiliated (off base) homes. These professionals have age appropriate toys, educational materials and safety items. FCC programs offer child care that is comparable to the CDC and they also provide accommodating child care arrangements to include nights, weekends, and flexible hourly or even shift care. FCC regulations limit the number of children that maybe cared for at one time. Licensed or affiliated homes can have a total of 6 children between the ages of 2 weeks to 12 years (this includes the provider's on children under the age of 8 years). Out of the 6 children, only two can be under the age of 2 years.

**Give Parents a Break Program**

This program offers free child care to families who may be experiencing stress due to a parent's TDY status, recently moving to the area, an illness in the family, having a special needs child or being a single parent. The program is offered once per month and is sponsored in part by the Air Force Aid Society. For more details on program dates or enrollment requirements call us at 919-722-1197

## Youth Services

**Youth Services**

SJ Youth Programs offer programs and activities for youth ages 5-18. Programs include School-Age Care for youth ages 5-12, pre-teen and teen programs, youth sports and fitness, and instructional classes. We partner with the Boys and Girls Clubs of America, 4-H, and the National Alliance for Youth Sports to offer high quality, nationally recognized programs and opportunities for our youth and families. Some highlights are weekly art lessons, lock-ins, youth leadership clubs, trips, dances and more! Our facility features an indoor gym, pre-teen room, music room, teen lounge, and an outdoor basketball court. We overflow daily with fun and exciting activities! We also have W.I.N.K., a youth sponsorship program, for incoming and outgoing youth. Call the Youth Center at 919-722-0502 for information.

## New Parent Support Program

### General Program Description

The New Parent Support Program offers information, support and guidance to military families who are expecting a child or have a child 3 years old or younger. Services are provided free of charge to eligible families. Program staff provides support in the areas of pregnancy, labor and delivery, infant and toddler care and safety, growth and development, parenting and family relationships through home visits, classes, support groups and referrals to community services. New Parent Support Program staff understands the impact that military life can have on expectant and new families and assists families in coping with these special situations. Program services are tailored to each family's unique circumstances and can help with preparing for parenthood, parenting skills, understanding growth and development, couple communication and stress management.

### Staff qualifications

New Parent Support Program services are provided by registered nurses and licensed medical social workers.

### Eligibility

Program services are available to military families with an expectant mother or with children 3 years of age or younger.

### Enrollment

To find out more, contact your installation's Family Advocacy Program office. Visit [MilitaryINSTALLATIONS](#) and select Family Advocacy Program and your installation from the drop-down menus.

## Family Center

### Programs and services

As a gateway to the resources you need, the Military and Family Support Center provides information, support and services to help you balance the demands of military life. The Military and Family Support Center is one part of the overall Family Readiness System, which is the network of agencies, programs, services, partnerships and individuals that supports your personal and family life readiness, mobilization and deployment readiness, and mobility and economic readiness. It should be one of your first stops once you arrive at a new installation. The programs and services are a key resource for you and your family. They include:

**Deployment support** assists you and your family during all phases of the deployment cycle, providing workshops and services to help meet the challenges of deployment, as well as information and referral to deployment-related resources. Services include education briefings for deploying members and families, support services, morale calls and service-specific programs.

**Relocation assistance** provides an array services to meet your moving needs. Relocation services include, but are not limited to, relocation workshops that help you prepare for a move, information on installations and communities worldwide and, where offered, a loan closet for basic household items. Relocation assistance also includes assistance with in-transit emergencies. Military and Family Support Centers work with other installation agencies to keep relocation information current, timely and relevant to allow you to make informed decisions and ensure you experience a smooth and successful move.

**Personal financial management** provides information, education and one-on-one financial counseling to assist you and your family in maintaining your financial readiness. Services are designed to address money management issues throughout your active-duty lifecycle and into retirement. Financial readiness educational opportunities range from basic planning to long-term investing.

**Employment assistance** offers comprehensive information, tools and resources to support career exploration, training and licensing, and employment readiness. Military and Family Support Centers may offer career counseling, local labor market information, trend tracking, skills and interests identification, job bank referrals and resources for self-employment.

**Family life education** provides information and education to assist you and your family in developing resilience skills that can help as you navigate your mobile military lives.

**Information and Referral** can assist you in identifying and clarifying needs to determine appropriate forms of assistance and in locating services and programs available both on and off your installation.

**The Transition Assistance Program** prepares separating, retiring and demobilizing service members (and their families) with the information, skills and knowledge necessary for a successful transition from military to civilian life.

The first step in your transition process is to complete the congressionally mandated pre-separation counseling session, which furnishes detailed information on the various benefits and services available. Military and Family Support Centers may provide other services, such as counseling and family advocacy. Services vary by location.

### Installation Specific Information

*Seymour Johnson has added a third MFLC to their team! SJAFB now has an embedded adult MFLC in the 4th Fighter Wing to assist those units with high ops tempo. This resource is FREE!*

*Military Family Life Consultant* – This program is available at Seymour Johnson. MFLC offers free and confidential counseling to military members and their families. Consultations are anonymous and no records are kept.

## Employment - Overview

### Employment Options

The Military Spouse Education and Career Opportunities (SECO) Program can help you search for information on portable careers, get you started on your education, finalize that perfect resume, or assist you with your career planning. To learn more, visit their [website](#).

The Military Spouse Employment Partnership (MSEP) web portal has over 130 Fortune 500 Plus military-friendly partner employers who have pledged to recruit, hire, promote, and retain military spouses in portable career job openings and career ladders. To learn more, visit their [website](#).

When you arrive at Seymour Johnson AFB, contact the Airman and Family Readiness Center (A&FRC) for job search assistance. The A&FRC offers the following services: individual counseling, resume assistance, local area employers and job referral information, career exploration, resource library with computers, free internet & Wi-Fi access, fax machine, plus an extensive array of books and pamphlets. Classes are provided to assist with self-assessment, job search skills, resume writing, federal resume, and interviewing skills.

For information about non-appropriated fund (NAF) job opportunities on base, visit the Human Resources Office website, [USAF NAF Jobs](#). For information about federal job opportunities, visit the Federal Government's Official [Jobs Site](#).

Be sure to hand carry all employment records and documents (resume, Standard Form (SF) 50 (if applicable), DD Form 214 (if prior military)), school transcripts, recent performance appraisals, and credentials (certificates/licenses).

#### *Good Prospects*

Employment in the local area is oriented toward service, retail, and health industry. Many jobs exist in clerical, health services, bookkeeping/accounting, food and beverage services, data entry, equipment repair, construction, child care and education.

Many positions exist in retail sales and with the banking industry.

#### *Fair Prospects*

Textile manufacturing and information systems have more limited openings.

### Local Economic Climate

Wayne County has a number of employment agencies to aid our newcomers in finding job placement. Wayne County has employment opportunities in education, healthcare, aerospace and defense, machining and manufacturing and agriculture. For more information on the economic development of Wayne County, visit the Wayne County Development Alliance at [www.waynealliance.org](http://www.waynealliance.org). Or visit [www.ncesc.com](http://www.ncesc.com).

Seymour Johnson AFB is located in a moderate cost of living area, as reflected by Goldsboro's average median income compared to the North Carolina average; wages and salaries in the local area are lower than the state average. The unemployment rate is 5.5%.

There is a Small Business Center at Wayne Community College which provides one-on-one consulting services, resources, and free seminars. Their goal is to help you realize your dream of owning your own business or making your current business more profitable. For information, visit their [website](#). The North Carolina Division of Workforce Solutions' (formerly Employment Security) NC JobConnector, is the official state Labor Exchange system. Job seekers looking for suitable employment are encouraged to visit their [website](#) to take advantage of their online job search, posting and referral services.



Due to the mobile nature of the military lifestyle, individuals with education and/or experience in the health care and education fields often are more successful in finding employment upon relocation than are individuals in other career fields. Because of this, and the relatively low wages paid in the local area, many spouses choose to improve their future employment prospects while at Seymour Johnson AFB, through training or education, rather than seeking employment while their sponsor is assigned here. The A&FRC staff can provide information on current resources available to assist in these areas.

### Unemployment Compensation

Unemployment Compensation may be available for the spouse of a newly assigned military member or civilian employee who was employed prior to their move to Seymour Johnson AFB. For information, visit the NC Division of Employment Security [website](#).

The Military Spouse Career Advancement Accounts (MyCAA) Program is an employment assistance program that provides up to \$4,000 of financial assistance to eligible military spouses who are pursuing a license, certification or Associate's degree in a portable career field and occupation. For eligibility criteria, list of approved portable careers, etc. visit their [website](#).

The A&FRC staff can provide information on local scholarships offered by base organizations.

## Relocation Assistance

### Programs and Services

If a permanent change of station, or PCS, is in your future, you may have questions about moving. As part of the Military and Family Support Center, the Relocation Assistance Program provides services and resources to help make this transition as smooth as possible. Here's what they offer:

**Individual PCS planning** — Most relocation programs offer one-on-one consultation. In particular, those making their first military move, those making their first overseas move or those with challenging or complex situations should contact the relocation assistance office.

**MilitaryINSTALLATIONS and Plan My Move** — For managing and planning your move, you may want to take advantage of these DoD-sponsored online relocation tools. You can estimate expenses, locate forms for housing and property shipments, and create a moving calendar.

**Loan closet** — Where available, loan closets offer basic household goods while your personal property is in transit. Typical items include pots and pans, dishes, silverware, irons, ironing boards and infant or toddler car seats. Generally, towels and bed linens are not available, so these should be packed in your express shipment.

**Workshops and briefings** — Workshops vary from installation to installation, but you may find classes on purchasing real estate and renting, budgeting and finance, moving with children or general moving preparation.

**Pre-departure briefings** — These briefings may be called Smooth Move or PCS Briefing, and they provide essential information to prevent you from making uninformed and costly decisions before your move.

**Settling-in services** — Welcome wagon services, local area tours (with child care sometimes provided), or basic household items to use until your goods arrive may be a part of your installation's settling-in services. Overseas arrival services may include introductory language classes and cultural awareness training.

**Foreign-born spouse support** — Whether your question concerns immigration and naturalization, learning the English language or how to use local transportation, the relocation program provides assistance, classes and referrals.

**Emergency assistance** — From time to time, emergencies occur while moving. The Relocation Assistance Program office has the resources to provide emergency financial assistance and referrals.

### Installation Specific Information

The Relocation Assistance Program (RAP) provides information, counseling, relocation planning, referral, emergency assistance, and services necessary to support the military members and DOD Civilians, married or single, spouses, and retirees who are undergoing a permanent change of station move or a relocation to Seymour Johnson Air Force, Goldsboro, NC, or the surrounding areas. Services include, but are not limited to: Jump Start, Airmen & Family Newcomer's Orientation/Info Fair and Get Connected, Spouse Breakout Session - Newcomer's Orientation. These events introduce newly arriving service and family members to the base and local community.

Specifically, we coordinate and ensure that agencies from both on base and off base are there to answer questions and give information. Active duty members will be given a date to attend these workshops. Spouses are encouraged to attend Newcomer's Orientation "Get Connected Breakout" session. Topics covered are Tricare, Spouse Employment and Education, things to do in the area, school information and a lot more. Members, who have children that require childcare, are encouraged to use the Air Force Aid Society's "Childcare for PCS" program which provides 20 free

hours of childcare. To participate in this program, stop by the Airman and Family Readiness Center with a copy of the PCS orders. This program is open to all ranks but must be used within 60 days of arrival. For additional information regarding Airmen and Family Newcomer's Orientation, contact the Military Personnel Section. For additional informational regarding Jump Start, contact Patient Administration at 919-722-1265/DSN 312-722-1265.

AFAS is expanding the Child Care for PCS program to include AF members with retirement orders, to include TDRL orders. In addition to AF members with PCS orders, those members who are about to retire may be issued a Child Care for PCS certificate for 20 hours of child care at the base they are departing, for use at that base only. The certificate may be issued within 60 days of their date of departure, which may be different from the date of retirement. The Child Care for PCS program does not include members who are separating from the AF, or members moving for reasons other than retirement or PCS.

Heartlink is the official spouse orientation program to the Air Force and the base. This program is designed to enable families to quickly acclimate and become familiar with programs and resources available at the installation. The wing commander drops by to welcome in our families and returns to officially "coin" our spouses who complete the program. It is presented in a light-hearted, game-oriented manner and a complimentary brunch and child care are provided. Topics covered include protocol, familiarization with the base mission and construction projects underway, free child care for volunteers, spouse employment, spouse scholarships, key spouse program, a base-wide bus tour, programs for families with children, Family Life Education programs available, and programs that support families impacted by deployment. Call the Airman & Family Readiness Center for further information.

First Duty Station Married Airmen's Briefing (First Flight), a one-on-one session, with preferably both the military member and spouse. Designed to be presented immediately after arrival to make sure that Airmen are aware of the financial options available before making any commitments.

Family Services is an all volunteers activity within the Airman and Family Readiness Center, that provides the following relocation services:

*Brochure/Information Packages* -- Consisting of directories, maps, realtor information, etc, these packages are forwarded from all the major installations world-wide. They can be checked out for 24-hours, and should be remembered when on a TDY also. Many installations also provided videos.

*The Loan Closet* --The Loan Closet at the Airman & Family Readiness Center is equipped with sleeping mats, pots & pans, dishes, alarm clocks, card tables, chairs, strollers, pack n' play/play pens, car seats, etc. Military members and their families may check these items out (free of charge) by bringing a copy of their orders and their Identification card. PCS personnel, in or out, have first priority and may check these items out for 30 days. Loans are usually for two weeks and if needed loans can be extended depending upon circumstances.

*The Airman's Attic* -- The Attic has donated items that the military members and their families, in the grades of E-6 (TSgt) and below, can receive free of charge. There are specifications on the number of certain items one family may receive per month and E-5's & E-6's are not allowed to get certain items if E-4 or below is on the waiting list for those items. Check in to see what is available for you.

Married military members will want to be sure to check with the Housing Referral Office to see what rentals are available in the area. If you are choosing not to live on base, don't forget to check with Housing before signing a lease or contract.

Separations from the military are handled by the Separations and Retirement Section of the Military Personnel Flight. Once the decision is made that you will be separating or retiring, whether because of your decision or due to other controls, contact the MPF Section to begin your separation or retirement process.

## Loan Closet

### Items Available

Just arriving at SJAFB and your unaccompanied baggage/household goods haven't arrived? Or...getting ready to PCS, and the movers have already picked up everything you own! The Airman and Family Readiness Center Loan Closet can assist you and your family with household loan items. Our loan closet is fully stocked with pots, pans, cups, glasses...practically everything that goes in the kitchen. The closet also offers loan items such as alarm clocks, card tables and chairs, portable beds, ironing boards, baby strollers, car seats, port-a-cribs, and many more items.

We do not provide bed linens.

### How to Borrow

Come visit the Airman & Family Readiness Center Loan Closet...we are here to help! For more information call us at

919-722-1123.

## Family Advocacy

### General Program Description

The Family Advocacy Program is the congressionally designated program responsible for the prevention of and response to child abuse and neglect and domestic abuse /intimate partner violence in military families. The Family Advocacy Program works in cooperation with civilian social service agencies, military and civilian medical providers, law enforcement, legal personnel, chaplains, and child and youth programs to provide a coordinated community response. The goal of the Family Advocacy Program is to promote the prevention, early identification, reporting and treatment of child and spouse abuse.

Program services vary by installation and generally include the following:

Public awareness campaigns, education and support for couples and parents

Parenting support at every age and stage, including New Parent Support Program home visits for expectant parents, new parents and families with young children

Safety planning, advocacy and support for domestic abuse victims

Clinical treatment for offenders and all affected family members as appropriate

### Prevention, Education and Outreach

Family Advocacy Program prevention, education and outreach services vary by installation and may be offered in coordination with military or civilian partners. Contact your installation Military and Family Support Center or Family Advocacy Program for local listings. Sample services include the following:

Education and skill-building training on topics including stress or anger management

Seminars on healthy relationships, couples communication or conflict resolution

Parenting support, including the New Parent Support Program, playgroups, educational workshops and opportunities for parents and families at every age and stage

Counseling or referrals to services tailored to meet specific family needs and schedules

### Child Abuse and Neglect and Domestic Abuse Information and Reporting

**Child abuse and neglect:** If you have concerns about a child's welfare or safety, whether at home or in the care of a Department of Defense child or youth program, find your local Family Advocacy Program under the Installation Contacts tab or contact any of the following:

[Military OneSource](#) (800-342-9647)

Local child protective services, your state's reporting hotline or Childhelp National Child Abuse Hotline at 800-4-A-CHILD (422-4453)

For concerns about child abuse or neglect in a DoD child or youth program or school, your installation Family Advocacy Program or the DoD Child Abuse and Safety Violation Hotline at 800-790-1197 in the United States or 571-372-5348 overseas (not a crisis line)

***Call 911 or law enforcement if you witness abuse or neglect or a child is in imminent danger.***

**Domestic abuse:** If you or someone you care about needs help, confidential support is available. Please contact the following for information, support and assistance:

Your installation Family Advocacy Program

[Military OneSource](#) (800-342-9647)

[National Domestic Violence Hotline](#) (800-799-7233)

[Americans Overseas Domestic Violence Crisis Center](#) (international toll-free at 866-USWOMEN)

***Call 911 or law enforcement if you witness domestic abuse or someone is in immediate danger.***

### Domestic Abuse Reporting Options

**Restricted report:** In most instances, domestic abuse victims may request a **restricted report**, which allows for confidential medical care, counseling, victim advocacy and support services, such as safety planning and legal assistance, without command notification or a law enforcement investigation. A victim must contact a medical care provider or Family Advocacy Program professional to request the restricted reporting option.

**Unrestricted report:** If a domestic abuse victim requests an **unrestricted report**, the sponsor's commander is promptly notified, law enforcement is involved and administrative action against the offender may be taken. The victim remains eligible for all victim advocacy services, including safety planning, legal assistance and specialized support. Contact military law enforcement or the Family Advocacy Program to make an unrestricted report. In an emergency,

call 911.

### **Eligibility Requirements**

Family Advocacy Program services are available to service members and family members eligible for care in a military treatment facility. Intimate partners and others may qualify for limited support and referrals as appropriate. Contact your installation Family Advocacy Program for details.

## Financial Assistance

### **The Airman & Family Readiness has a new addition to Seymour Johnson!**

We now have a certified Personal Financial Counselor through the Military Family Life Counselor (MFLC) Program. They are here to provide a variety of financial services to our Military members and their families and just like the MFLC; they do not keep any records or report your visit to anyone. No matter what kind of services you need or want whether it is just a spending plan, getting out of debt, investing, or repairing your credit, the financial MFLC can help. Please call the A&FRC at 919-722-1123 or go to [PFC.SJNC.USAF@zeiders.com](mailto:PFC.SJNC.USAF@zeiders.com) for more information.

### **Personal Financial Readiness Program**

The Personal Financial Readiness (PFR) Program emphasizes personal financial responsibility and accountability by providing basic principles and practices of sound money management, counseling tools, and referral services. The Financial Manager is available for those who are experiencing money management difficulties or for those who wish to be in control of their finances. A Financial counselor can work with you to prepare a personalized budget and spending plan. Information and assistance is also available in areas such as military pay and allowances, savings and investments (TSP), insurance, car buying, the financial aspects of home buying, credit card management.

A wide range of classes are available, including: Building Your Financial Foundation, Improving Your Credit Score, Investing in Your Future- The Thrift Savings Plan (TSP), Understanding the Car Buying Game, Identity Theft Prevention, and more.

To schedule an appointment with a Financial Counselor or to register for a workshop call 919-722-1123 or DSN 722-1123.

### **Air Force Aid Society**

There also are Air Force Aid Representatives, located in the Airman and Family Readiness Center who will assist you with any type of emergency financial need. They will assess each case and act accordingly. If an emergency happens while in transit go to the nearest military base (any branch of the service) for assistance. If no military base is available go to the nearest Red Cross office. Of course, the American Red Cross is available to also assist in emergency (loss of family member) situations. Don't hesitate to contact these agencies should an emergency arise.

### **Advance Pay**

When relocating you are eligible to draw an Advance Pay to assist with costs associated with the PCS. Remember that these repayments will be automatically withdrawn from the service member's pay monthly, which can reduce monthly income. Often, relocating costs more than one originally anticipates. If you find yourself in a financial pinch, please investigate loans through Air Force Aid (ask about the Falcon Loan), Advance Pay, or personal loan with your banking institution. Avoid pay-day loans at all costs! Becoming and remaining financially-fit is critical to your success in the Air Force. Don't wait until it's too late to request assistance.

### **Child Care for PCS**

The Air Force Aid Society and the Family Child Care Office (FCC) have joined to provide 20 hours of free child care (per child). Stop by the Airman and Family Readiness Center for a certificate to use as a voucher with the FCC. This "Child Care for PCS" opportunity expires 60 days after your arrival.

## Emergency Assistance

### **Planning for Emergencies**

No matter how well you've planned, emergencies do happen.

### **For Assistance En Route:**

First of all, look for the nearest military installation. If there is no installation listed for the area, then we suggest you call AAA, if you are members, or ask the local information operator for a hospital or road service, depending on the emergency.

Be sure to contact your sponsor or your unit orderly room/First Sergeant. If you do not have a sponsor nor know the phone number for your squadron, call the Military Personnel Section at 919-722-8686 and they will coordinate with your gaining unit. If it is after duty hours, contact the Command Post at 919-722-2679 or DSN 312-722-2679 and provide them with as much information as possible about the incident and your squadron.

### **American Red Cross**

The American Red Cross and the Air Force Aid Society are available for emergency aid. Red Cross phone numbers are usually listed in the white pages of the local phone directory. They can help with emergency financial assistance and contacting people that will need to know where you are and what's happening.

### **Air Force Aid Society**

There also are Air Force Aid Representatives, located in the Airman and Family Readiness Center who will assist you with any type of emergency financial need. They will assess each case and act accordingly. If an emergency happens while in transit go to the nearest military base (any branch of the service) for assistance. If no military base is available go to the nearest Red Cross office. Of course, the American Red Cross is available to also assist in emergency situations including the death of family members. Don't hesitate to contact these agencies should an emergency arise.

### **Emergency Contacts/Organizations**

A number of agencies or people on base are available to assist you during emergencies. Your First Sergeant, Commander, and individual unit will preferably be your first points of contact during an emergency. Security Force Base Defense Operations Center is available 24/7 by calling (919) 722-7592 and the Base Command Post at (919) 722-0004.

### **Victim Advocate**

For immediate emergency assistance call the Military Police at 919-722-0911.

## **Legal Assistance**

### **Legal Services**

The Seymour Johnson Legal Office, located at 1600 Wright Brothers Avenue, Ste. 265, provides legal consultation and creates Wills and Powers of Attorney for military members, retirees, and their families. The office hours are Tuesday - Friday, 0900 - 1530. Wills and consultations are by appointment only, powers of attorney and notaries are walk-in.

For additional information on SJ AFB legal services, please call DSN 312-722-5322 or Comm (919)722-5322. You can also visit our [legal assistance website](#) for further information.

## **Deployment Support**

### **Family Deployment Support**

This is where the Airman & Family Readiness Center can be invaluable to you and here at Seymour Johnson AFB, we live by our motto, "We're here for YOU."

Contact the Family Readiness NCO once you reach Seymour Johnson AFB for more information on the following programs which may be available to you or your family members during your deployment:

Hearts Apart and Morale Calls	Readiness Emergency Sleep Tool (R.E.S.T)
Car Care Because We Care	Give Parents A Break
Heart Apart Events	Referral Services
Town Hall Meetings	Childcare for Deployments (before, during & after)

Take care of personal matters such as powers of attorney, banking arrangements, allotments, and make sure all finances are in order. Make sure all ID cards are current, and birth certificates and school transcripts are in a place your spouse can locate them. For more information contact the Family Readiness NCO at Comm: 919-722-1123/DSN 312-722-1123.



## Contact Information

**DSN Dialing Instructions:** When dialing a DSN number from U.S. installation to U.S. installation, it is unnecessary to dial the 312 area code. When dialing a DSN number to/from overseas locations, the DSN area code must be included.

Airman & Family Readiness Center  
1200 Wright Brothers Avenue  
Suite 100  
4 FSS/FSFR  
Seymour Johnson AFB, NC 27531  
Phone 919-722-1123 / 919-722-1124  
Phone (DSN) 312-722-1123  
Fax 919-722-1126  
Fax (DSN) 312-722-1126  
[Email](#) | [Website](#) | [Map](#)

### Automotive Services

Auto Hobby Shop  
1295 Jabara Ave  
Seymour Johnson AFB, NC 27531  
Phone 919-722-1309  
Phone (DSN) 312-722-1309  
Mon & Wed 8:00 am – 5:00 pm  
Tue, Thu - Sat 8:00 am – 8:00 pm  
[Website](#) | [Map](#)

### Beauty/Barber Shops

Outdoor Recreation (Open to all ranks)  
515 Goodson St.  
Seymour Johnson AFB, NC 27531  
Phone 919-735-9442  
Mon - Sat 8:30 a.m. - 6:00 p.m.  
Sun 11:00 a.m. - 5:00 p.m.  
[Map](#)

### Chapels

Base Chapel  
1505 Vermont Garrison Street  
Seymour Johnson AFB, NC 27531  
Phone 919-722-0315  
Phone (DSN) 312-722-0315  
Fax 919-722-0311  
Mon – Fri 7:30 am - 4:30 pm  
Sat & Sun – closed  
Federal Holidays - closed  
[Map](#)

### Civilian Personnel Office

Human Resources Employment (Civilian Personnel)  
1570 Wright Brothers Ave  
Seymour Johnson AFB, NC 27531  
Phone 919-722-0117  
Phone (DSN) 722-0117  
Fax 919-722-0107  
Fax (DSN) 722-0107

### Adult Education Centers

Education and Training  
1520 Goodson St  
Seymour Johnson AFB, NC 27531  
Phone 919-722-5800  
Phone (DSN) 312-722-5800  
Fax 919-722-5809  
Mon – Fri 8:00 am - 4:00 pm  
Sat & Sun – closed  
Federal Holidays - closed  
[Email](#) | [Map](#)

### Beauty/Barber Shops

Barber Shop Eagles Landing (Open to all ranks)  
1240 Andrews St.  
Seymour Johnson AFB, NC 27531  
Phone 919-722-7760  
Mon – Fri 9:00 a.m. - 4:30 p.m.  
Sat & Sun – closed  
Federal Holidays - closed  
[Map](#)

### Beneficiary Counseling Assistance Coordinators

TRICARE Service Center  
1057 Jabara Avenue  
Seymour Johnson AFB, NC 27531  
Phone 919-722-1988  
Phone (DSN) 312-722-1988  
Fax 919-722-2496  
Mon – Fri 7:30 am - 4:30 pm  
Sat, Sun & federal Holidays - Closed  
Close the second Wednesday of each month for readiness training  
[Email](#) | [Website](#) | [Map](#)

### Child Development Centers

Child Development Center  
1030 Langley Avenue  
Seymour Johnson AFB, NC 27531  
Phone 919-722-1198  
Phone (DSN) 312-722-1198  
Fax 919-722-1196  
Mon – Fri 6:30 am - 5:30 pm  
Sat & Sun – closed  
Federal Holidays - closed  
[Website](#) | [Map](#)

### Commissary/Shoppette

Commissary  
1310 Edwards Street  
Seymour Johnson AFB, NC 27531  
Phone 919-722-0319  
Phone (DSN) 312-722-0319  
Sun 12:00 noon – 6:00 pm  
Mon – Closed  
Tue – Sat 9:00 am – 7:00 pm

Mon – Fri 7:30 am - 4:30 pm  
Sat & Sun – closed  
Federal Holidays - closed  
[Map](#)

**Commissary/Shoppette**

Service Station/Shoppette/Class VI  
1090 Cannon Avenue  
Seymour Johnson AFB, NC 27531  
Phone 919-734-7235  
Sun 9:00 am – 9:00 pm  
Mon – Fri 6:00 am – 11:00 pm  
Sat 8:00 am – 11:00 pm  
[Map](#)

**EFMP - Enrollment**

EFMP Enrollment  
4 MDSS/SGST  
1050 Jabara Avenue  
Seymour Johnson AFB, NC 27531  
Phone 919-722-0809  
Phone (DSN) 312-722-0809  
Fax 919-722-1986  
Fax (DSN) 919-722-1986  
Mon – Fri 7:30 am - 4:30 pm  
Sat & Sun – closed  
Federal Holidays - closed  
Close the second Wednesday of each month for readiness training  
[Website](#) | [Map](#)

**Emergency Relief Services**

Air Force Aid Society (Airman & Family Readiness Center)  
1200 Wright Brothers Ave  
Seymour Johnson AFB, NC 27531-2442  
Phone 919-722-1123  
Phone (DSN) 312-722-1123  
Fax 919-722-1126  
Fax (DSN) 312-722-1126  
Mon – Fri 7:30 am – 4:30 pm  
Weekend / after hours – Command Post  
[Website](#) | [Website](#) | [Map](#)

**Family Advocacy Program**

Family Advocacy  
1050 Jabara Avenue  
Seymour Johnson AFB, NC 27531  
Phone 919-722-1878  
Phone (DSN) 312-722-1878  
Fax 919-722-1578  
Mon – Fri 7:30 am - 4:30 pm  
Sat & Sun – closed  
Federal Holidays - closed  
[Map](#)

**Family Child Care/Child Development Homes**

Family Child Care Program

[Website](#) | [Website](#) | [Map](#)

**Dental Clinics**

Dental Clinic (Kiecker Clinic)  
1050 Jabara Ave  
Seymour Johnson AFB, NC 27531  
Phone 919-722-1933  
Phone (DSN) 312-722-1933  
Fax 919-722-1932  
Fax (DSN) 312-722-1932  
Mon – Fri 7:00 am - 4:30 pm  
Sat & Sun – closed  
Federal Holidays - closed  
[Map](#)

**EFMP - Family Support**

Airman and Family Readiness Center – EFMP Family Support  
1200 Wright Brothers Avenue  
4 FSS/FSFR  
Seymour Johnson AFB, NC 27531  
Phone 919-722-1123 / 919-722-1124 / 919-722-1125  
Phone (DSN) 312-722-1123  
Fax 919-722-1126  
Fax (DSN) 312-722-1126  
Mon – Fri 8:00 am - 4:00 pm  
Sat & Sun – closed  
Federal Holidays - closed  
[Email](#) | [Website](#) | [Map](#)

**Exchange(s)**

AAFES (Army, Air Force, Exchange Services)  
1350 Edwards Street  
Seymour Johnson AFB, NC 27531  
Phone 919-735-9442  
Mon – Sat 9:00 am – 7:00 pm  
Sun 11:00 am – 5:00 pm  
AAFES Barber Shop (Located inside Exchange Foyer:  
Mon – Sat 8:30 a.m. – 6:00 p.m.  
Sun 11:00 a.m. – 5:00 p.m.  
[Website](#) | [Website](#) | [Map](#)

**Family Center**

Airman and Family Readiness Center  
1200 Wright Brothers Avenue  
4 FSS/FSFR  
Seymour Johnson AFB, NC 27531  
Phone 919-722-1123 / 919-722-1124 / 919-722-1125  
Phone (DSN) 312-722-1123  
Fax 919-722-1126  
Fax (DSN) 312-722-1126  
Mon – Fri 8:00 am - 4:00 pm  
Sat & Sun – closed  
Federal Holidays - closed  
[Email](#) | [Website](#) | [Map](#)

**Finance Office**

Travel Pay/Military Pay Customer Service  
1600 Wright Brothers Ave

1200 Wright Brothers Avenue  
 Seymour Johnson AFB, NC 27531  
 Phone 919-722-7194  
 Phone (DSN) 312-722-7194  
 Fax 919-722-1126  
 Tues – Fri 7:30 am - 4:30 pm  
 Sat & Sun – closed  
 Federal Holidays - closed  
[Website](#) | [Map](#)

### **Financial Institutions**

Credit Union, North Carolina Community  
 Federal (On base branch)  
 1350 Edwards Street  
 Seymour Johnson AFB, NC 27531  
 Phone 919-583-9910  
 Phone (DSN) 312-583-9105  
 Fax 919-734-1910  
 Mon - Fri 8:00 a.m. - 5:00 p.m.  
[Website](#) | [Map](#)

### **Gymnasiums/Fitness Centers**

Fitness & Sports Center (Gymnasium)  
 1500 Langley Ave  
 Seymour Johnson AFB, NC 27531  
 Phone 919-722-0408  
 Phone (DSN) 312-722-0408  
 Fax 919-722-0424  
 Fax (DSN) 312-722-0424  
 Mon – Fri 5:00 am – 11:00 pm  
 Sat, Sun, Federal Holidays 7:30 am – 6:30 pm  
 Closed Thanksgiving and Christmas Day  
[Website](#) | [Map](#)

### **Hospitals/Medical Treatment Facility(s)**

Mental Health  
 4 MDOS/SGOH  
 1050 Jabara Avenue  
 Seymour Johnson AFB, NC 27531  
 Phone 919-722-1883  
 Phone (DSN) 312-722-1883  
 Fax 919-722-1578  
 Mon – Fri 7:30 am - 4:30 pm  
 Sat, Sun & Federal Holidays – closed  
 Closes at noon on the second Wed of each month for readiness training.  
[Map](#)

### **Housing Office/Government Housing**

Housing Office  
 1500 Vermont Garrison Street  
 Seymour Johnson AFB, NC 27531  
 Phone 919-722-0362/0363/0364  
 Mon – Tue 8:30 a.m. – 3:30 p.m.  
 Wed 9:00 a.m. – 3:30 p.m.  
 Thu – Fri 8:30 a.m. – 3:30 p.m.  
 Sat & Sun – closed  
 Federal Holidays - closed  
[Map](#)

Bldg 3010  
 Seymour Johnson AFB, NC 27531  
 Phone 919-722-5679  
 Phone (DSN) 722-5679  
 Fax 919-722-5338  
 Fax (DSN) 722-5338  
 Mon – Fri 7:30 am - 4:30 pm  
 Sat & Sun – closed  
 Federal Holidays – closed  
[Map](#)

### **Golf Courses**

Golf Course (Three Eagles Golf Course)  
 1385 S. Andrews Street  
 Seymour Johnson AFB, NC 27531  
 Phone 919-722-0395  
 Phone (DSN) 312-722-0395  
 6:30 a.m. to dusk (Apr – Oct)  
 8 a.m. to dusk (Nov – Mar)  
 Closed Thanksgiving, Christmas and New Years Day  
[Website](#) | [Map](#)

### **Hospitals/Medical Treatment Facility(s)**

Hospital/Clinic (Koritz Clinic)  
 1050 Jabara Ave  
 Seymour Johnson AFB, NC 27531  
 Phone 919-722-1802 / 919-722-0826  
 Phone (DSN) 312-722-1802  
 Fax 919-722-1597  
 Mon – Fri 7:30 am - 4:30 pm  
 Sat, Sun & Federal Holidays – closed  
 Closes at noon on the second Wed of each month for readiness training.  
[Map](#)

### **Household Goods/Transportation Office (inbound)**

Traffic Management Office (TMO)  
 1280 Humphrey St Bldg 3500 Rm 9  
 Seymour Johnson AFB, NC 27531  
 Phone 919-722-5458/5490  
 Phone (DSN) 312-722-5448/5490  
 Mon – Fri 8:00 am - 3:30 pm  
 Sat & Sun – closed  
 Federal Holidays - closed  
[Map](#)

### **Housing Referral Office/Housing Privatization**

Housing Office  
 1500 Vermont Garrison Street  
 Seymour Johnson AFB, NC 27531  
 Phone 919-722-0595  
 Phone (DSN) 312-722-0595  
 Mon – Tue 8:30 am – 3:30 pm  
 Wed 9:00 am – 3:30 pm  
 Thu – Fri 8:30 am – 3:30 pm  
 Sat & Sun – closed  
 Federal Holidays - closed

[Map](#)**ID/CAC Card Processing**

Military Personnel Element (Customer Service)  
 1600 Wright Brothers Avenue  
 BLDG 3010  
 Seymour Johnson AFB, NC 27531  
 Phone 919-722-8702  
 Phone (DSN) 312-722-8702  
 Appointments are recommended (Walk-in service is limited)  
 Mon – Fri 8:00 am – 3:30 pm  
 First Wednesday of each month, 8:00 am – 12:00 pm  
 Sat & Sun – closed  
 Federal Holidays and ACC Family Days - closed

[Website](#) | [Map](#)**Legal Services/JAG**

Legal Office  
 1600 Wright Brothers Avenue  
 Ste. 265  
 Seymour Johnson AFB, NC 27531  
 Phone 919-722-5322  
 Phone (DSN) 312-722-5322  
 Fax 919-722-5316  
 Fax (DSN) 312-722-5316  
 Tues – Fri 9:00 am - 3:30 pm  
 Sat & Sun – closed  
 Federal Holidays - closed

[Map](#)**Loan Closet**

Loan Closet (Airman & Family Readiness Center)  
 1200 Wright Brothers Avenue  
 Seymour Johnson AFB, NC 27531-2442  
 Phone 919-722-1123  
 Phone (DSN) 312-722-1123  
 Fax 919-722-1126  
 Fax (DSN) 312-722-1126  
 Mon – Fri 8:00 am - 4:00 pm  
 Sat & Sun – closed  
 Federal Holidays - closed

[Email](#) | [Website](#) | [Map](#)**MWR (Morale Welfare and Recreation)**

Kitty Hawk Lounge (Enlisted Lounge)  
 1240 Andrews St.  
 Seymour Johnson AFB, NC 27531  
 Phone 919-722-1192/1194  
 Friday, 4 pm to 1 am  
 Saturday, 2 to 11:30 pm

[Map](#)**MWR (Morale Welfare and Recreation)****Information and Referral Services**

Information & Referral (Airman & Family Readiness Center)  
 1200 Wright Bros. Ave  
 Seymour Johnson AFB, NC 27531  
 Phone 919-722-1123  
 Phone (DSN) 312-722-1123  
 Fax 919-722-1126  
 Fax (DSN) 312-722-1126  
 Mon – Fri 8:00 am - 4:00 pm  
 Sat & Sun – closed  
 Federal Holidays - closed

[Email](#) | [Map](#)**Library**

Library (Watkins-Das Learning Center)  
 1520 Goodson St  
 Seymour Johnson AFB, NC 27531  
 Phone 919-722-5825  
 Phone (DSN) 312-722-5825  
 Mon – Thu 10:00 am – 8:00 pm  
 Fri 10:00 am – 6:00 pm  
 Sat 10:00 am – 5:00 pm  
 Sun / Federal Holidays - closed

[Website](#) | [Map](#)**MWR (Morale Welfare and Recreation)**

Eagles Landing Club  
 1240 Andrews St.  
 Seymour Johnson AFB, NC 27531  
 Phone 919-722-1192/1194  
 Administration Hrs  
 Mon-Fri 8:00 a.m. - 4:30 p.m.  
 Cashier's Cage  
 Monday - Friday, 10:00 a.m. to 3:00 p.m.

[Map](#)**MWR (Morale Welfare and Recreation)**

Bowling Centers (Planet Bowl)  
 1290 Andrews Street  
 Seymour Johnson , NC 27531  
 Phone 919-722-0350 / 919-722-0349 (Snack Bar call in line)  
 Phone (DSN) 312-722-0350  
 Sun 1:00pm – 7:00pm  
 Mon – Thur 7:00am – 9:00pm  
 Fri 7:00am – 12:00am  
 Sat 9:00am – 11:30pm

Closed Thanksgiving, Christmas, New Years Day  
 Snack Bar closes one hour prior to bowling center.

[Map](#)**MWR (Morale Welfare and Recreation)**

Outdoor Recreation and Arts & Crafts

Community Center (Heritage Hall)  
1175 Wright Brother Ave.  
Seymour Johnson AFB, NC 27531  
Phone 919-722-0339/0340  
Phone (DSN) 312-722-0339/0340  
Mon-Fri 8:00am-4:00pm  
Evenings/Saturdays by appointment only  
Sun/Federal Holidays- closed  
[Map](#)

1515 Goodson Street  
4th Force Support Squadron  
Seymour Johnson AFB, NC 27531  
Phone 919-722-1106  
Phone (DSN) 312-722-1106  
Seasonal Hours:  
Summer (May 3 – Oct 1)  
Mon -Fri 10:00 a.m. – 5:00 p.m.  
Sat 8:00 a.m. – 12:00 p.m.  
Down days 10:00 a.m. – 12:00 p.m.  
Sun/Holidays closed  
[Map](#)

### **Military Clothing Sales**

Clothing Sales Store  
1350 Edwards St.  
Seymour Johnson AFB, NC 27531  
Phone 919-722-1193  
Phone (DSN) 312-722-1193  
Mon – Sat 9:00 am – 7:00 pm  
Sun 11:00 am – 5:00 pm  
[Map](#)

### **Non-appropriated Funds (NAF) Human Resources**

Non-Appropriated Fund (NAF)  
1570 Wright Brothers Avenue  
Seymour Johnson AFB, NC 27531  
Phone 919-722-5939  
Phone (DSN) 312-722-5939  
Mon – Fri 7:30 am - 4:30 pm  
Sat & Sun – closed  
Federal Holidays - closed  
[Website](#) | [Map](#)

### **Personal Financial Management Services**

Personal Financial Readiness Program  
(Airman & Family Readiness Center)  
1200 Wright Brothers Ave,  
Seymour Johnson AFB, NC 27531-2442  
Phone 919-722-1123  
Phone (DSN) 312-722-1123  
Fax 919-722-1126  
Fax (DSN) 312-722-1126  
Mon – Fri 8:00 am - 4:00 pm  
Sat & Sun – closed  
Federal Holidays - closed  
[Email](#) | [Website](#) | [Map](#)

### **Personnel Support Office**

Military Personnel Section (Customer Service)  
1600 Wright Brothers Avenue BLDG 3010  
Seymour Johnson AFB, NC 27531  
Phone 919-722-8686  
Phone (DSN) 312-722-8686  
Fax 919-722-8700  
Fax (DSN) 312-722-8700  
Mon – Fri 8:00 am – 3:30 pm  
First Wednesday of the Month – closed at 12:00 pm  
Sat & Sun – closed  
Federal Holidays - closed  
[Website](#) | [Map](#)

### **Relocation Assistance Program**

Relocation Assistance Program (Airman  
& Family Readiness Center)  
1200 Wright Brothers Ave,  
Seymour Johnson AFB, NC 27531-2442  
Phone 919-722-1123  
Phone (DSN) 312-722-1123  
Fax 919-722-1126  
Fax (DSN) 312-722-1126  
Mon – Fri 8:00 am - 4:00 pm  
Sat & Sun – closed  
Federal Holidays - closed  
[Email](#) | [Map](#)

### **Restaurants/Fast Food**

Southern Eagle Dining Facility  
3650 Pope St.  
Seymour Johnson AFB, NC 27531  
Phone 919-722-5293  
Phone (DSN) 312-722-5293  
Fax 919-722-5297  
Fax (DSN) 312-722-5297  
Management:  
Mon – Fri 6:00 am – 5:00 pm  
Sat, Sun, Holidays – 5:00 am – 2:30 pm  
[Map](#)

### **Retirement Services**

Separation/Retirement Section (Military  
Personnel)  
1570 Wright Brother Ave BLDG 2903  
Seymour Johnson AFB, NC 27531  
Phone 919-722-8721  
Phone (DSN) 312-722-8721  
Fax 919-722-4005  
Fax (DSN) 312-722-4005  
Mon – Fri 8:30 am - 3:30 pm

### **School Age Care**

Youth Center  
1035 Langley Avenue  
Seymour Johnson AFB, NC 27531  
Phone 919-722-0502  
Phone (DSN) 312-722-0502  
Fax 919-722-0400  
Mon-Thurs 2:45 p.m. - 7:00 p.m. and Fri 2:45-8:00 p.m. for youth  
participation  
Sat & Sun – closed



Sat & Sun – closed  
 Federal Holidays - closed and ACC  
 Family Days - Closed  
[Map](#)

### **School Liaison Office/Community Schools**

School Liaison Officer  
 Airman and Family Readiness Center  
 1200 Wright Brothers Avenue  
 Seymour Johnson AFB, NC 27531  
 Phone 919-722-0691  
 Phone (DSN) 312-722-0691  
 Fax 919-722-1126  
 Fax (DSN) 312-722-1126  
 Mon - Fri 8:00am - 4:00pm  
 Sat & Sun - closed  
 Federal Holidays - closed  
[Email](#) | [Website](#) | [Website](#) | [Map](#)

### **Temporary Lodging/Billeting**

Temporary Lodging Facility (Southern Pines Inn)  
 1235 Wright Brothers Avenue  
 Seymour Johnson AFB, NC 27531  
 Phone 919-722-0385  
 Phone (DSN) 312-722-0385  
 Management:  
 Mon – Fri 8:00 am – 5:00 pm  
 Desk Services - 24/7  
[Map](#)

### **Travel Office**

Winggate Travel (Official Travel Only)  
 1280 Humphreys Street  
 Seymour Johnson AFB, NC 27531  
 Phone 919-648-4131  
 Mon – Fri 7:30 am - 4:30 pm  
 Sat & Sun – closed  
 Federal Holidays - closed  
[Email](#) | [Map](#)

### **Victim Advocate Services**

Sexual Assault Prevention and Response Program  
 1570 Wright Brothers Avenue  
 Seymour Johnson AFB, NC 27531  
 Phone 919-722-0154 / 919-722-SARC (7272) Hotline / 919-920-7272 (cell)  
 Phone (DSN) 312-722-0155  
 Fax 919-722-0288  
 Mon - Fri 7:30 a.m. - 4:30 p.m.  
 Sat & Sun - Closed - call cell  
 Federal Holidays - Closed - call cell  
[Map](#)

### **Welcome/Visitors Center**

Federal Holidays - closed  
[Map](#)

### **Spouse Education, Training and Careers**

Employment Readiness Program (Airman & Family Readiness Center)  
 1200 Wright Brothers Avenue  
 Seymour Johnson AFB, NC 27531  
 Phone 919-722-1123  
 Phone (DSN) 312-722-1123  
 Fax 919-722-1126  
 Fax (DSN) 312-722-1126  
 Mon – Fri 8:00 am - 4:00 pm  
 Sat & Sun – closed  
 Federal Holidays - closed  
[Website](#) | [Map](#)

### **Transition Assistance Program**

Transition Assistance Management (Airman & Family Readiness Center)  
 1200 Wright Brothers Avenue  
 Seymour Johnson AFB, NC 27531-2442  
 Phone 919-722-1123  
 Phone (DSN) 312-722-1123  
 Fax 919-722-1126  
 Fax (DSN) 312-722-1126  
 Mon – Fri 8:00 am - 4:00 pm  
 Sat & Sun – closed  
 Federal Holidays - closed  
[Email](#) | [Website](#) | [Map](#)

### **Veterinary Services**

Veterinary Services (On Base)  
 1550 Jabara Avenue  
 4 AMDS/Veterinary Services  
 Seymour Johnson AFB, NC 27531  
 Phone 919-722-1465  
 Phone (DSN) 312-722-1465  
 Fax 919-722-1466  
 Fax (DSN) 312-722-1466  
 Mon – Thu 9:00 am – 3:00 pm  
 (By appointment only)  
 Sat and Sun - closed  
 Federal Holidays – closed  
 Last working day of month-Closed for Inventory  
[Map](#)

### **Victim Advocate Services**

Security Forces  
 1010 Vermont Garrison Street  
 Seymour Johnson AFB, NC 27534  
 Phone 919-722-0911 - Any Emergency / 919-722-7591/7592 - Base  
 Defense Operation Center (BDOC) / (919) 722-1209 - Helping Hand Line  
 24/7  
[Map](#)

### **Women, Infants, and Children (WIC & WIC-O)**

Welcome Center  
1585 Andrews St.  
Seymour Johnson AFB, NC 27531  
Phone 919-722-1343  
Phone (DSN) 312-722-1343  
Mon-Sat 7:00 a.m. - 8:00 p.m.  
Sun 9:00 a.m. - 5:00 p.m.

[Map](#)

WIC (Women, Infants, and Children)  
1200 Wright Brothers Ave.,  
Seymour Johnson AFB, NC 27531-2442  
Phone 919-705-1779  
Fax 919-722-1126  
Fax (DSN) 312-722-1126  
Mon 7:30 am – 4:30 pm  
Wed 7:30 am – 4:30 pm  
Tues, Thurs, Fri, Sat, Sun & Federal Holidays – closed  
[Website](#) | [Map](#)

### **Youth Programs/Centers**

Youth Center  
1035 Langley Avenue  
Seymour Johnson AFB, NC 27531  
Phone 919-722-0502  
Phone (DSN) 312-722-0502  
Fax 919-722-0400  
Mon-Thurs 2:45 p.m. - 7:00 p.m. and Fri  
2:45-8:00 p.m. for youth participation  
Sat & Sun – closed  
Federal Holidays - closed

[Map](#)

## **Major Units**

### **4th Aeromedical Dental Squadron**

Contact Information:  
Commander  
COM: 919-722-1713  
DSN: 312-722-1713  
COM FAX: 919-722-1932  
DSN FAX: 312-722-1932

### **4th Medical Support Squadron**

Contact Information:  
Commander  
COM: 919-722-1772  
DSN: 312-722-1772  
COM FAX: 919-722-1597  
DSN FAX: 312-722-1597

### **4th Medical Operations Squadron**

Contact Information:  
Commander  
COM: 919-722-1759  
DSN: 312-722-1759  
COM FAX: 919-722-1952  
DSN FAX: 312-722-1952

### **916th Air Refueling Wing**

Contact Information:  
Commander  
COM: 919-722-2250  
DSN: 312-722-2250  
COM FAX: 919-722-2242  
DSN FAX: 312-722-2242

**4th Force Support Squadron**

Contact Information:

Commander

COM: 919-722-5331

DSN: 312-722-5331

COM FAX: 919-722-5330

DSN FAX: 312-722-5330

**4th Fighter Wing**

Contact Information:

COM: 919-722-0001

DSN: 312-722-0001

COM FAX: 919-722-0011

DSN FAX: 312-722-0011

**372nd Training Squadron, Det 1**

Contact Information:

Detachment Chief

COM: 919-722-3022

DSN: 312-722-3022

COM FAX: 919-722-3018

DSN FAX: 312-722-3018

**4th Comptroller Squadron**

Contact Information:

Commander

COM: 919-722-5700

DSN: 312-722-5700

COM FAX: 919-722-5380

DSN FAX: 312-722-5380

**4th Operations Group**

Contact Information:

Commander

COM: 919-722-2601

DSN: 312-722-2601

COM FAX: 919-722-2631

DSN FAX: 312-722-2631

**4th Operations Support Squadron**

Contact Information:

Commander

COM: 919-722-2116

DSN: 312-722-2116

COM FAX: 919-722-2462

DSN FAX: 312-722-2462

**4th Aircraft Maintenance Squadron/333 AMU**

Contact Information:

Commander

COM: 919-722-4451

DSN: 312-722-4451

COM FAX: 919-722-4276

DSN FAX: 312-722-4276

**4th Aircraft Maintenance Squadron /334 AMU**

Contact Information:

Commander  
COM: 919-722-3256  
DSN: 312-722-3256  
COM FAX: 919-722-4276  
DSN FAX: 312-722-4276

**4th Aircraft Maintenance Squadron /335 AMU**

Contact Information:  
Commander  
COM: 919-722-3238  
DSN: 312-722-3238  
COM FAX: 919-722-4276  
DSN FAX: 312-722-4276

**4th Aircraft Maintenance Squadron /336 AMU**

Contact Information:  
Commander  
COM: 919-722-4379  
DSN: 312-722-4379  
COM FAX: 919-722-4276  
DSN FAX: 312-722-4276

**4th Training Squadron**

Contact Information:  
Commander  
COM: 919-722-4301  
DSN: 312-722-4301  
COM FAX: 919-722-4329  
DSN FAX: 312-722-4329

**4th Aircraft Maintenance Squadron/333 AMU**

Contact Information:  
Contact Information:  
Commander  
COM: 919-722-2057  
DSN: 312-722-2057  
COMM FAX: 919-722-2466  
DSN FAX: 312-722-2466

**4th Component Maintenance Squadron**

Contact Information:  
Commander  
COM: 919-722-4064  
DSN: 312-722-4064  
COM FAX: 919-722-4047  
DSN FAX: 312-722-4047

**4th Equipment Maintenance Squadron**

Contact Information:  
Commander  
COM: 919-722-3183  
DSN: 312-722-3183  
COM FAX: 912-722-4411  
DSN FAX: 312-722-4411

**4th Contracting Squadron**

Contact Information:

Commander

COM: 919-722-5412

DSN: 312-722-5412

COM FAX: 919-722-5414

DSN FAX: 312-722-5414

**4th Logistics Readiness Squadron (LRS)**

Contact Information:

Commander

COM: 919-722-5235

DSN: 312-722-5235

COM FAX: 919-722-5204

DSN FAX: 312-722-5204

**4th Communications Squadron**

Contact Information:

Commander

COM: 919-722-1001

DSN: 312-722-1001

COM FAX: 919-722-1004

DSN FAX: 312-722-1004

**4th Civil Engineer Squadron**

Contact Information:

Commander

COM: 919-722-5142

DSN: 312-722-5142

COM FAX: 919-722-5116

DSN FAX: 312-722-5116

**4th Medical Group**

Contact Information:

Commander

COM: 919-722-1812

DSN: 312-722-1812

COM FAX: 919-722-1952

DSN FAX: 312-722-7952

**567th RED HORSE Squadron**

Contact Information:

COM: 919-722-1460

DSN: 312-722-1460

COM FAX: 919-722-1463

DSN FAX: 312-722-1463

**911th Air Refueling Squadron**

COM: 919-722-7686

DSN: 312-722-7686

COM FAX: 919-722-7881

DSN FAX: 312-722-7881

**4th Security Forces Squadron**

Contact Information:

Commander

COM: 919-722-2500

DSN: 312-722-2500

Emergency: 919-722-0911

Base Defense Operation Center (919) 722-7591/7592

COM FAX: 919-722-2527

DSN FAX: 312-722-2527



**307th Fighter Squadron**

Contact Information:

COM: 919-722-4509

DSN: 312-722-4509

**307th Maintenance Squadron**

COM: 919-722-4305

DSN: 312-722-4305

**414th Fighter Group**

COM: 919-722-4310

DSN: 312-722-4310

COM FAX: 919-722-4329

DSN FAX: 312-722-4329